



NATIONAL SENIOR GAMES ASSOCIATION
Top 10 Performances and Current Records



Swimming
50 Yard Freestyle

RANK	NAME	STATE	TIME	YEAR	RECORD	RANK	NAME	STATE	TIME	YEAR	RECORD
Women 50-54						Men 50-54					
1	Susan Ingraham	TX	27.34	2011	*	1	Paul Trevisan	PA	22.36	2003	*
2	Lori Clark	WA	27.42	2009	*	2	Nicholas Decker	NM	23.00	2019	
3	Katherine Karageorges-Sharp	FL	27.62	2011		2	Robert Heath	CA	23.26	2009	
4	Linda Heuman	OH	27.93	2013		4	Kurt Christensen	MI	23.26	2017	
5	Karlene Denby	TX	27.95	2007	*	5	Warren Schenstrom	CA	23.42	2009	
6	Melanie Coultas	AL	27.96	2019		6	Steve Heck	LA	23.53	2001	*
7	Melanie Coultas	AL	27.99	2017		7	George Schmidt	FL	23.56	2001	
8	Susan Marinzell	PA	28.01	2005	*	8	David Guthrie	TX	23.91	2011	
9	Julie Warner	SC	28.30	2013		9	George Schmidt	FL	24.00	2003	
10	Karen Blizzard	TN	28.57	2011		10	Philipp Djang	NM	24.05	2007	
Women 55-59						Men 55-59					
1	Bonnie Karas-Foltz	MI	26.90	2022	*	1	Paul Trevisan	PA	22.67	2007	*
2	Katherine Karageorges-Sharp	FL	27.16	2013	*	2	William Thompson	TN	22.85	2022	
3	Kathy Garnier	CO	27.36	2019		3	John Newman	FL	23.28	2011	
4	Janet McDonough	PA	27.50	2015		4	Tom Meade	NY	23.81	2003	*
5	Kari Jauch	NV	27.51	2023		5	Dennis Bennett	IA	24.23	2025	
6	Susan Ingraham	TX	27.55	2015		6	Jon Shastid	KY	24.34	2005	
7	Susan Jones	NC	27.70	2025		7	Michael Tingstrom	CO	24.60	2025	
8	Melanie Coultas	AL	27.79	2023		8	Michael Tingstrom	CO	24.66	2022	
9	Susan Ingraham	TX	27.80	2017		9	Michael Tingstrom	CO	24.70	2023	
10	Janet McDonough	PA	27.83	2013		10	Dennis Fisher	OH	24.91	2015	
Women 60-64						Men 60-64					
1	Susan Ingraham	TX	28.08	2019	*	1	Paul Trevisan	PA	23.35	2015	*
2	Susan Ingraham	TX	28.10	2022		2	James Ritter	MEX	23.63	2017	
3	Kelly Palace	FL	28.49	2022		3	Vinus Van Baalen	AL	24.27	2003	*
4	Blossom Johnston	ID	28.52	2019		4	Harry Greenfield	OH	24.41	2007	
5	Mary Gofen	IL	28.56	2025		5	Vinus Van Baalen	WA	24.56	2007	
6	Barbara Church	MI	29.00	2015		6	Peter Andersen	IL	24.58	2005	
7	Susan Ingraham	TX	29.05	2023		7	David Zimmerman	FL	24.79	2022	
8	Heidi Wiedemann	OH	29.11	2023		8	Vinus Van Baalen	CT	24.82	2005	
9	Wendy Szymczak	MI	29.20	2022		9	Steven Heck	TX	24.95	2011	
10	Jami Gray	FL	29.26	2022		10	Richard Stillinger	ID	25.12	2007	



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Women 65-69						Men 65-69					
1	Penny Noyes	KT	27.03	2019	*	1	Algernon Keith	VA	25.05	2025	*
2	Wendy Szymczak	MI	29.14	2023		2	Peter Andersen	IL	25.09	2009	*
3	Diann Uustal	TN	29.15	2011	*	3	Marc Anderson	MN	25.34	2015	
4	Karen Bland	TN	29.61	2025		4	Vinus Van Baalen	CA	25.52	2011	
5	Deborah Cipriano	FL	29.82	2023		5	Michael Smith	FL	25.61	2023	
6	Tammy Wilson	WA	30.47	2023		6	Robert Wilson	NM	25.65	2019	
7	Lisa Hypnar	MI	30.54	2019		7	George Schmidt	FL	25.70	2015	
8	Mary-Chris Kay	OH	30.63	2019		8	Michael Smith	FL	25.71	2022	
9	Linda Fulton	FL	30.95	2019		9	Harry Greenfield	OH	25.74	2013	
10	Maureen Lipa	CA	31.12	2019		10	William Ryan	OH	25.88	2013	
Women 70-74						Men 70-74					
1	Nancy Nevid	FL	30.73	2025	*	1	Charles Norelli	ME	24.56	2025	*
2	Melinda Wolff	PA	30.79	2023	*	2	Marc Middleton	FL	25.04	2022	*
3	Linda Fulton	FL	31.93	2023	*	3	Marc Middleton	FL	25.55	2023	
4	Linda Fulton	FL	31.94	2022	*	4	Glenn Gruber	CA	25.70	2019	*
5	Linda Fulton	FL	31.97	2025		5	Peter Andersen	CA	26.25	2013	*
6	Lisa Hypnar	MI	32.22	2025		6	Eric Phillips	NM	26.28	2019	
7	Cindy Bowling	OK	32.23	2025		7	Harry Greenfield	OH	26.65	2015	
8	Emily Preece	NM	32.27	2025		8	Philipp Djang	NM	26.97	2025	
9	Diane Spence	OH	32.59	2025		9	Bruce Rollins	TX	26.99	2019	
10	Virginia Maccoli	NC	32.60	2023		10	Chuck Baldwin	TX	27.27	2001	*
Women 75-79						Men 75-79					
1	Charlotte Davis	WA	30.54	2025	*	1	Lawrence Terkel	OH	27.23	2022	
2	Florence Carr	FL	35.07	2003	*	2	Peter Andersen	CA	28.12	2019	*
3	Emma Jo Charron	FL	35.60	2022		2	Lawrence Terkel	OH	28.12	2023	
4	Georgia McDaniel	IL	36.07	2023		4	Mike Freshley	CA	28.27	2019	
5	Florence Carr	FL	36.13	2001	*	5	Paul Trivette	NC	28.45	2025	
6	Patrice Hirt	FL	36.24	2025		6	Lawrence Terkel	OH	28.46	2025	
7	Mary Ann Case	SD	36.63	2015		7	Bob Bailie	TX	29.05	2011	*
8	Mary Ann Case	SD	37.01	2017		8	Bruce Rollins	TX	29.35	2025	
9	Emma Jo Charron	FL	37.35	2023		9	Chuck Baldwin	TX	29.36	2005	*
10	Ann Vitt	TX	37.59	2022		10	Michael Morris	TN	29.55	2017	

* Indicates NSGA record when set



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Women 80-84						Men 80-84					
1	Bunny Cederlund	FL	36.60	2003	*	1	Peter Andersen	CA	31.10	2023	*
2	Patricia Hastings	MT	38.99	2015		2	Kenneth McKinney	AZ	31.24	2019	*
3	Emma Jo Charron	FL	39.35	2025		3	Graham Johnston	TX	31.46	2011	*
4	Mary Ann Case	SD	39.64	2019		4	Frank Piemme	CA	31.55	2009	*
5	Mary Jo Augustine Traver	AR	41.86	2025		5	Dick Webber	NC	31.59	2009	
6	Jeanne Merryman	PA	42.83	2003		6	Sidney Hall	OH	32.36	2015	
7	Patricia Tullman	FL	43.21	2019		7	Graham Johnston	TX	32.86	2013	
8	Gynt Clifford	AZ	44.09	2019		8	Dick Webber	NC	33.60	2011	
9	Barbara Dillard	TN	44.72	2019		9	Joel Lockwood	MI	33.78	2015	
10	Patricia Bross	FL	45.18	2003		10	Robertus Van Der Wege	NC	33.81	2025	
Women 85-89						Men 85-89					
1	Betty Russ	OH	41.95	2013	*	1	Clarke Mitchell	NV	34.60	2019	*
2	Gynt Clifford	AZ	44.43	2023		2	Joel Lockwood	MI	35.41	2019	
3	Betty Russ	OH	44.44	2015		3	Jurgen Schmidt	CA	37.08	2009	*
4	Patricia Tullman	FL	45.46	2022		4	Bradford Tatum	DC	38.74	2007	*
5	Barbara Dillard	TN	48.17	2023		5	John Trainer	TN	39.45	2023	
6	Luise Easton	OH	48.62	2023		6	John Trainer	TN	39.88	2022	
7	Maranna Berkley	VA	49.87	2007	*	7	Daniel Grabenstein	PA	41.08	2019	
8	Doris Russell	MD	50.06	2005	*	8	Bradford Tatum	DC	41.36	2009	
9	Margaret Nickerson	VT	52.08	2019		9	Tom Mitchell	CA	41.42	2019	
10	Patricia Hastings	MT	52.26	2022		10	George Foster	CO	41.51	2025	
Women 90-94						Men 90-94					
1	Janet Rushmere	PA	1:00.24	2023	*	1	Woodrow Bowersock	CA	36.57	2003	*
2	Joan Campbell	FL	1:02.48	2022	*	2	John Tatum	DC	46.00	2009	
3	Janet Rushmere	PA	1:07.72	2025		3	Robert Espenscheid	FL	47.68	2005	
4	Gladys Williamson	IL	1:08.08	2009	*	4	Ray Baldwin	TX	48.24	2022	
5	Sara Sievert	TN	1:08.74	2017		5	Edward Bellem	CAN	50.08	2013	
6	Gladys Williamson	IL	1:12.18	2011		6	Harvey Taylor	NM	51.30	2019	
7	Gladys Williamson	IL	1:12.37	2013		7	John Tatum	DC	51.35	2011	
8	Wilma Goldman	AZ	1:13.59	2015		8	John Tatum	DC	53.51	2013	
9	Evelyn Hoffman	WA	1:16.70	2009		9	William Payne	WI	57.23	2019	
10	Sara Sievert	TX	1:16.92	2015		10	Howard Hall	KY	57.76	2013	



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Women 95-99							Men 95-99					
1	Judith Young	NY	1:17.09	2023	*		1	Russ Witte	OH	54.68	2011	*
2	Gladys Williamson	IL	1:24.32	2015	*		2	John Tatum	DC	1:00.99	2015	
3	Gladys Williamson	IL	1:25.30	2017			3	Howard Hall	KY	1:07.35	2015	
4	F Dorothy Riordan	KY	1:32.00	2007	*		4	Boyd Cambell	NC	1:18.50	2005	*
5	Sara Sievert	TX	1:40.70	2022			5	Joseph Daws	TN	1:36.71	2022	
6	Ruth Kundsinn	MA	1:58.15	2011			6	Billie Stirewalt	NC	1:41.69	2025	
7	Shirley Chase	FL	2:05.05	2022			7	Tom Milroy	SD	1:53.65	2015	
8	Ruth Kundsinn	MA	2:07.73	2013			8	Harold Haswell	TX	2:53.10	2007	
9	Hollyce Kirkland	TN	2:21.12	2015								
10	Wilma Goldmann	AK	2:49.32	2022								
Women 100+							Men 100+					
1	Charlotte Sanddal	MT	1:53.08	2022	*		no entries for this age division					