



2025 NATIONAL SENIOR GAMES

PRESENTED BY HUMANA

Packet And Bib Pickup Schedule

(Updated 7.22.25)



DATES												
	WED 7-23	THUR. 7-24	FRI. 7-25	SAT. 7-26	SUN. 7-27	MON. 7-28	TUES. 7-29	WED. 7-30	THUR. 7-31	FRI. 8-1	SAT. 8-2	SUN. 8-3
PACKET & BIB PICKUP TIMES & LOCATIONS												
Cycling (TT's)							4PM - 6PM MidAmerican RecPlex (Lobby)	6AM - 9:30AM The Chicken	6:30AM - 9:30AM The Chicken			
Cycling (RR's)										4PM - 6PM MidAmerican RecPlex (Lobby)	6:00AM - 9:30AM Hidden Valley Soccer Fields (Picnic Shelter)	6:30AM - 9:30AM Hidden Valley Soccer Fields (Picnic Shelter)
Power Walk					4PM - 6PM MidAmerican RecPlex (Lobby) (Des Moines)	6:30AM - 1PM Cyclone Sports Complex (AMES)	6AM - 12PM Jack Trice Stadium (AMES)					
Race Walk					4PM - 6PM MidAmerican RecPlex (Lobby)							
Track & Field							10AM - 4PM Cyclone Sports Complex (AMES)	6:30AM - 3PM Cyclone Sports Complex (AMES)	7AM - 1PM Cyclone Sports Complex (AMES)	7AM - 1PM Cyclone Sports Complex (AMES)	7AM - 1:30PM Cyclone Sports Complex (AMES)	7AM - 11AM Cyclone Sports Complex (AMES)
Road Race (5K)	4PM - 6PM MidAmerican RecPlex (Lobby)	6AM - 7AM Iowa State Fairgrounds (Iowa Beer Tent)										
Road Race (1-Mile)		4PM - 6PM MidAmerican RecPlex (Lobby)	4:30PM - 6PM Iowa State Capital (West Terrace Grounds)									
Road Race (10K)			4PM - 6PM MidAmerican RecPlex (Lobby)	6AM - 7:30AM Principal Park (Behind Ctr. Field - SW. Water St.)								
Triathlon									4PM - 6PM MidAmerican RecPlex (Lobby)	5:30AM - 7AM Raccoon River Park (Biddle Shelter)		
NOTES												
- Packet & bib pick-up for all T&F events will take place at Cyclone Sports Complex in Ames, IA unless otherwise listed. - All athletes will receive one bib for all events in Track & Field												

Locations And Times
Subject to Change