

### 2023 National Senior Games - Cycling (40K) Start Times

Bib Number	Age Group	Last Name	First Name	Gender	Main State	Main Suburb	Event	Start Time
6071	50-54	Davall	James	Male	NY	New Hartford	40K Cycle	8:30 AM
6092	50-54	Faleix	Alain	Male	MI	Novi	40K Cycle	
6195	50-54	Messina	Dan	Male	KS	Prairie Village	40K Cycle	
6204	50-54	ocampo	octavio	Male	FL	Orlando	40K Cycle	
6216	50-54	price	john	Male	OH	Delaware	40K Cycle	
6223	50-54	Raman	Suresh Babu	Male	IN	Fishers	40K Cycle	
6236	50-54	Rummelhart	Brian	Male	WI	Kenosha	40K Cycle	
6296	50-54	Van Deventer	JC	Male	MO	Lee's Summit	40K Cycle	
6006	55-59	Archer	Wayne	Male	PA	Coraopolis	40K Cycle	
6065	55-59	Cozza	Craig	Male	PA	mars	40K Cycle	
6069	55-59	Culbertson	Tim	Male	TN	Thompson Station	40K Cycle	
6070	55-59	Danielewicz	Greg	Male	PA	Bensalem	40K Cycle	
6081	55-59	DUDZIK	DANIEL	Male	CT	Burlington	40K Cycle	
6083	55-59	Ebben	Paul	Male	KY	Lexington	40K Cycle	
6096	55-59	Fiorentino	Robert	Male	NY	Herkimer	40K Cycle	
6101	55-59	Garner	Kevin	Male	MO	Rolla	40K Cycle	
6109	55-59	Gramling	Scott	Male	OH	Hudson	40K Cycle	
6111	55-59	Grewar	Peter	Male	PA	Cranberry Twp	40K Cycle	
6113	55-59	Gutkowski	Seth	Male	MI	Vassar	40K Cycle	
6118	55-59	Hammond	Marc	Male	VT	Fayston	40K Cycle	
6128	55-59	Hill	Christopher	Male	TX	Burleson	40K Cycle	
6132	55-59	Hoffman	William	Male	IL	Springfield	40K Cycle	
6135	55-59	Hopkins	Stephen	Male	FL	shalimar	40K Cycle	
6148	55-59	Kayes	Brian	Male	NY	Dewittville	40K Cycle	
6151	55-59	Kennedy	steve	Male	IN	Carmel	40K Cycle	
6162	55-59	Lahr	William	Male	PA	Millersburg	40K Cycle	
6182	55-59	Mailleux	Phillippe	Male	FL	Riviera Beach	40K Cycle	
6213	55-59	Peterson	David	Male	MN	Eden Prairie	40K Cycle	
6215	55-59	Preston	Ed	Male	PA	Hulmeville	40K Cycle	
6222	55-59	Rabin	Benjamin	Male	NY	Manlius	40K Cycle	
6226	55-59	Redpath	Tom	Male	FL	Boynton Beach	40K Cycle	
6235	55-59	Rosales	Mauricio	Male	VT	Jericho	40K Cycle	
6239	55-59	rutishauser	Rich	Male	NY	Whitesboro	40K Cycle	
6240	55-59	Sacco	Marc	Male	VT	Reading	40K Cycle	
6242	55-59	Sadilek	Frank	Male	WI	Johnson Creek	40K Cycle	
6243	55-59	Salvatore	Steve	Male	PA	Cranberry Twp	40K Cycle	
6244	55-59	Sambrano	Steve	Male	PA	Lansdale	40K Cycle	
6266	55-59	Snell	Mark	Male	MA	Boston	40K Cycle	
6272	55-59	Stana	Brett	Male	PA	Allison Park	40K Cycle	
6279	55-59	Strickon	Eliot	Male	WI	Glendale	40K Cycle	
6301	55-59	Villalobos	Alexander	Male	TN	Smyrna	40K Cycle	

**3 Minute Break**

**2023 National Senior Games - Cycling (40K) Start Times**

Bib Number	Age Group	Last Name	First Name	Gender	Main State	Main Suburb	Event	Start Time
6001	60-64	Allen	Jim	Male	OH	Toledo	40K Cycle	8:33 AM
6004	60-64	Anderson	Robert	Male	WI	Neenah	40K Cycle	
6016	60-64	Bean	Barry	Male	MO	Gideon	40K Cycle	
6018	60-64	Bendel	Patrick	Male	OH	Lebanon	40K Cycle	
6020	60-64	Bennett	Greg	Male	MO	Versailles	40K Cycle	
6030	60-64	Boggs	Jon	Male	WV	Charleston	40K Cycle	
6034	60-64	Bowlus	Chad	Male	IN	Williamsport	40K Cycle	
6038	60-64	Broussard	Bruce	Male	FL	Palm Beach	40K Cycle	
6051	60-64	Cipollini	Ray	Male	SC	Bluffton	40K Cycle	
6054	60-64	Clossick	James	Male	FL	Coral Gables	40K Cycle	
6057	60-64	Cole	John	Male	MO	Lake Lotawana	40K Cycle	
6079	60-64	Dodson	Glen	Male	TN	COLLEGE GROVE	40K Cycle	
6085	60-64	Ekstrom	Edward	Male	MI	Ludington	40K Cycle	
6086	60-64	Ely	Ross	Male	ID	Eagle	40K Cycle	
6105	60-64	Gillespie	Bob	Male	VA	Gladys	40K Cycle	
6108	60-64	Goodall	Richard	Male	PA	Pittsburgh	40K Cycle	
6117	60-64	Hall	Matthew	Male	WI	Weston	40K Cycle	
6120	60-64	Harris	Wes	Male	IN	Nashville	40K Cycle	
6122	60-64	Heffern	Michael	Male	IA	Cedar Rapids	40K Cycle	
6147	60-64	Karwowski	Philip	Male	FL	Winter Springs	40K Cycle	
6149	60-64	Keenan	Patrick	Male	MN	Pine Springs	40K Cycle	
6154	60-64	Kingsley	Marc	Male	NY	Cooperstown	40K Cycle	
6156	60-64	Kitchens	Taylor	Male	AL	Trussville	40K Cycle	
6166	60-64	Layfield	David	Male	IL	O'Fallon	40K Cycle	
6173	60-64	Lissfelt	John	Male	NY	Jamestown	40K Cycle	
6174	60-64	Litzner	Robert	Male	DE	Millsboro	40K Cycle	
6176	60-64	Luna	Joaquin	Male	MI	Sagiaw	40K Cycle	
6177	60-64	Luther	Thomas	Male	NH	Durham	40K Cycle	
6181	60-64	Mahoney	Glenn P	Male	FL	windermere	40K Cycle	
6184	60-64	Martin	James	Male	NC	Arden	40K Cycle	
6193	60-64	McLeod	Ross	Male	NH	Windham	40K Cycle	
6212	60-64	Perry	Phil	Male	IN	Indianapolis	40K Cycle	
6219	60-64	Pugh	Terry	Male	KY	Somerset	40K Cycle	
6225	60-64	Reagan	Joe	Male	NH	Hooksett	40K Cycle	
6232	60-64	Robinson	Mark	Male	FL	DeBary	40K Cycle	
6238	60-64	Rupprecht	Brad	Male	MI	Vassar	40K Cycle	
6254	60-64	Sherbakoff	Lee	Male	TN	Knoxville	40K Cycle	
6261	60-64	Smith	Anthony	Male	OH	Fairview Park	40K Cycle	
6263	60-64	Smith	Roy	Male	OH	Centerville	40K Cycle	
6267	60-64	Snell Sr	Richard A	Male	AL	Mobile	40K Cycle	
6277	60-64	Stinson	David	Male	MD	North Beach	40K Cycle	
6281	60-64	Sturm	Andre	Male	VT	Essex Junction	40K Cycle	
6286	60-64	Terry	Rich	Male	TX	Austin	40K Cycle	
6287	60-64	Tesch	Curtis	Male	MN	Waseca	40K Cycle	
6291	60-64	Tokarcik	Tom	Male	IN	Kokomo	40K Cycle	
6312	60-64	Williams	Mark	Male	NY	Clinton	40K Cycle	
6313	60-64	Wirt	Michael	Male	TX	SAN ANTONIO	40K Cycle	
6316	60-64	Wood	Stephen	Male	KY	Lexington	40K Cycle	
6320	60-64	Young	Eric	Male	AL	Mobile	40K Cycle	

**3 Minute Break**

**2023 National Senior Games - Cycling (40K) Start Times**

Bib Number	Age Group	Last Name	First Name	Gender	Main State	Main Suburb	Event	Start Time
6005	65-69	Andrews	Jeff	Male	MD	Chevy Chase	40K Cycle	8:36 AM
6019	65-69	Benner	David	Male	OH	Beavercreek	40K Cycle	
6026	65-69	Blank	Edward	Male	MA	Boston	40K Cycle	
6028	65-69	Boder	Thomas	Male	OH	Maineville	40K Cycle	
6035	65-69	bredl	ralph	Male	WI	STRATFORD	40K Cycle	
6044	65-69	Caffrey	Michael	Male	TN	Knoxville	40K Cycle	
6053	65-69	Clifford	Phillip	Male	SC	Bluffton	40K Cycle	
6056	65-69	Colcord	John	Male	MD	BERLIN	40K Cycle	
6059	65-69	Colon	Eugene	Male	NY	Lido Beach	40K Cycle	
6060	65-69	Conchieri	Brian	Male	VT	Essex	40K Cycle	
6087	65-69	Emerson	Michael	Male	VA	Hillsboro	40K Cycle	
6098	65-69	Gajewski	James	Male	IL	Lombard	40K Cycle	
6099	65-69	Galloway	Allen	Male	IN	Indianapolis	40K Cycle	
6107	65-69	Gomes	Mike	Male	KY	somerset	40K Cycle	
6110	65-69	grella	richard	Male	OH	north canton	40K Cycle	
6112	65-69	Grysekevich	Roy	Male	WV	New Cumberland	40K Cycle	
6136	65-69	Hubel	Carl	Male	PA	Pittsburgh	40K Cycle	
6138	65-69	Iusa	Dino	Male	PA	Aliquippa	40K Cycle	
6140	65-69	Johnson	Charles	Male	TX	Katy	40K Cycle	
6153	65-69	Kieffer	Mark	Male	MN	Rochester	40K Cycle	
6158	65-69	Kompa	Jeff	Male	OH	Middleburg Hts.	40K Cycle	
6185	65-69	Martin	Joe	Male	AK	Homer	40K Cycle	
6187	65-69	Masker	Loten	Male	NC	Southport	40K Cycle	
6190	65-69	McGrail	Daniel	Male	IA	Cedar Rapids	40K Cycle	
6191	65-69	McGrath	Dave	Male	MI	Hartland	40K Cycle	
6200	65-69	Nelson	Dennis	Male	NV	HENDERSON	40K Cycle	
6201	65-69	Nelson	Ronald	Male	NY	Oswego	40K Cycle	
6203	65-69	O'Brien	Timothy	Male	IA	Waverly	40K Cycle	
6205	65-69	Opice	Gino	Male	PA	Pittsburgh	40K Cycle	
6220	65-69	Pustelak	Mark	Male	MI	Shelby Township	40K Cycle	
6234	65-69	Rogers	Skip	Male	PA	Harmony	40K Cycle	
6252	65-69	Shealey	Glenn	Male	GA	Savannah	40K Cycle	
6270	65-69	Sparta	Andrew	Male	VT	Bennington	40K Cycle	
6271	65-69	Specht	Raymond	Male	NV	Las Vegas NV	40K Cycle	
6282	65-69	suozzo	nicholas	Male	NY	Sherburne	40K Cycle	
6289	65-69	Thompson	Ferris	Male	AZ	Prescott	40K Cycle	
6293	65-69	Trimble	Jon	Male	NV	Henderson	40K Cycle	
6298	65-69	VanHoose	Ron	Male	TN	Hermitage	40K Cycle	
6306	65-69	Weigel	Joseph	Male	KY	Somerset	40K Cycle	
6308	65-69	Wiley	Richard	Male	OH	West Salem	40K Cycle	
6309	65-69	Wilkin	John	Male	IL	Champaign	40K Cycle	
6314	65-69	Wiseman	Gregory	Male	MN	Rochester	40K Cycle	
6326	65-69	Zuloaga	Antonio	Male	PA	McMurray	40K Cycle	

**3 Minute Break**

### 2023 National Senior Games - Cycling (40K) Start Times

Bib Number	Age Group	Last Name	First Name	Gender	Main State	Main Suburb	Event	Start Time
6000	70-74	Adsit	Michael	Male	MI	Plymouth	40K Cycle	8:39 AM
6012	70-74	Barlow	Robert	Male	TN	Nashville	40K Cycle	
6013	70-74	Barritt	Christopher	Male	MD	Mount Airy	40K Cycle	
6025	70-74	Bixenstine	Barton	Male	OH	Shaker Heights	40K Cycle	
6050	70-74	CHRITTON	Michael	Male	SC	Summerville	40K Cycle	
6061	70-74	Conti	George	Male	OH	Powell	40K Cycle	
6067	70-74	Crawford	David	Male	TX	The Colony	40K Cycle	
6073	70-74	Derosa	Timothy	Male	OH	Stow	40K Cycle	
6074	70-74	DILLON	ROBERT	Male	VT	Warren	40K Cycle	
6075	70-74	DiPippa	John	Male	AR	Little Rock	40K Cycle	
6077	70-74	Dix	James	Male	NY	Endicott	40K Cycle	
6078	70-74	Dodge	Richard	Male	TX	duncanville	40K Cycle	
6089	70-74	Evans	Jack	Male	KY	Somerset	40K Cycle	
6100	70-74	Ganley	Brian	Male	VT	Thetford Center	40K Cycle	
6102	70-74	Gee	Thomas	Male	TN	Paris	40K Cycle	
6103	70-74	Gerhardt	Rob	Male	GA	Gainesville	40K Cycle	
6104	70-74	GILBOE	William	Male	MI	Oakland	40K Cycle	
6121	70-74	HAWLEY	JOHN	Male	FL	VENICE	40K Cycle	
6123	70-74	Heroman	Ted	Male	LA	Baton Rouge	40K Cycle	
6133	70-74	Holt	Mark	Male	VA	Williamsburg	40K Cycle	
6137	70-74	Impson	Brian	Male	OK	Wynnewood	40K Cycle	
6141	70-74	Johnsson	Kenneth	Male	FL	Jupiter	40K Cycle	
6142	70-74	Jones	Gerald	Male	MI	Clio	40K Cycle	
6180	70-74	Magruder	Daniel	Male	FL	Davie	40K Cycle	
6183	70-74	Marcosson	Alan	Male	OH	Cleveland	40K Cycle	
6188	70-74	Maurer	Morris	Male	IN	Indianapolis	40K Cycle	
6189	70-74	McCarthy	Mark	Male	NY	Rochester	40K Cycle	
6192	70-74	MCKILLIP	Jeffrey	Male	NH	Belmont	40K Cycle	
6198	70-74	MULLEN	FRANK	Male	FL	Oldsmar	40K Cycle	
6210	70-74	Parker	Harold	Male	KS	Lenexa	40K Cycle	
6214	70-74	Pilkington	Gilbert	Male	OK	Tulsa	40K Cycle	
6227	70-74	Reid	Brad	Male	IL	Normal	40K Cycle	
6230	70-74	Riley	Mark	Male	NM	Albuquerque	40K Cycle	
6233	70-74	Rodriguez	Armando	Male	NY	Cortland	40K Cycle	
6237	70-74	Rummelhart	Michael	Male	WI	Kenosha	40K Cycle	
6251	70-74	SEMLER	Kirk	Male	PA	PITTSBURGH	40K Cycle	
6257	70-74	Showell	JohnDale	Male	FL	PALM Beach	40K Cycle	
6264	70-74	Smith	Russell	Male	TN	Harrogate	40K Cycle	
6265	70-74	SMYTHE	Robert	Male	CT	Middletown	40K Cycle	
6268	70-74	Solt	Donald	Male	OH	Columbus	40K Cycle	
6269	70-74	Spano	Daniel	Male	FL	The Villages	40K Cycle	
6274	70-74	Stecko	Chris	Male	CA	Nevada City	40K Cycle	
6278	70-74	Stives	Robert	Male	SC	Moncks Corner	40K Cycle	
6285	70-74	Taylor	James	Male	SC	GREER	40K Cycle	
6302	70-74	Vonnahmen	Mike	Male	IL	Springfield	40K Cycle	
6310	70-74	WILKINSON	CHUCK	Male	GA	ATLANTA	40K Cycle	
6318	70-74	Wyman	Robert	Male	NH	Swanzey	40K Cycle	
6319	70-74	Yetter	Jerry	Male	MD	Columbia	40K Cycle	
6322	70-74	ZIEGLER	TERRY	Male	TX	Richardson	40K Cycle	
6324	70-74	Zoth	Bill	Male			40K Cycle	

**3 Minute Break**

**2023 National Senior Games - Cycling (40K) Start Times**

Bib Number	Age Group	Last Name	First Name	Gender	Main State	Main Suburb	Event	Start Time
6003	75-79	Allum	Ron	Male	SC	Mount pleasant	40K Cycle	8:42 AM
6007	75-79	AUSTAD	DAN	Male	WA	Port Ludlow	40K Cycle	
6024	75-79	Bitner	Bob	Male	OH	Greenville	40K Cycle	
6032	75-79	Boozer	John	Male	AL	Sterrett	40K Cycle	
6039	75-79	Brown	Andy	Male	KS	SHAWNEE MISSION	40K Cycle	
6045	75-79	Carleton	John	Male	AZ	Mesa	40K Cycle	
6055	75-79	COFER	WILLIAM	Male	CO	FORT COLLINS	40K Cycle	
6064	75-79	Cox	John	Male	MD	Parkville	40K Cycle	
6068	75-79	CUDEDEBACK	CRAIG	Male	GA	decatur	40K Cycle	
6072	75-79	David	Burnett	Male	CT	Norwich	40K Cycle	
6080	75-79	Duck	Sydney	Male	ME	Brunswick	40K Cycle	
6106	75-79	Gipson	Simeon	Male	OK	Tahlequah	40K Cycle	
6125	75-79	Hickey	Gary	Male	OH	Germantown	40K Cycle	
6129	75-79	Hill	Earl	Male	IA	Britt	40K Cycle	
6131	75-79	Hinklin	Darrell	Male	NC	Huntersville	40K Cycle	
6145	75-79	Kallman	Theodore	Male	NC	Chapel Hill	40K Cycle	
6146	75-79	KALMANEK	Richard	Male	TN	Culleoka	40K Cycle	
6157	75-79	Kizuka	Allen	Male	CA	Arcadia CA	40K Cycle	
6159	75-79	Konsol	Andrew	Male	OH	Niles	40K Cycle	
6172	75-79	LIOLIOS	GEORGE	Male	OH	MUNROE FALLS	40K Cycle	
6196	75-79	MILNE	Ken	Male	MA	NORFOLK	40K Cycle	
6197	75-79	Morse	Michael	Male	VA	Smithfield,	40K Cycle	
6202	75-79	Nutter	Franklin	Male	VA	McLean	40K Cycle	
6207	75-79	Ozment	Michael	Male	IL	Champaign	40K Cycle	
6221	75-79	Quealy	Michael	Male	MN	Plymouth	40K Cycle	
6245	75-79	Scherner	Bob	Male	RI	Cumberland	40K Cycle	
6248	75-79	Schmook	Ralph	Male	TN	Evensville	40K Cycle	
6250	75-79	Segal	Myron	Male	MD	Silver Spring	40K Cycle	
6283	75-79	Tate	Wayne	Male	IL	Marion	40K Cycle	
6288	75-79	Thomas	David	Male	TN	Knoxville	40K Cycle	
6290	75-79	Thomson	Robert	Male	TN	Mount Juliet	40K Cycle	
6292	75-79	Toplitz	Steven	Male	MA	Leverett	40K Cycle	
6294	75-79	TULIMIERI	DENNIS	Male	CT	Glastonbury	40K Cycle	
6315	75-79	WOELFL	BOB	Male	WI	Port Washington	40K Cycle	
6325	75-79	Zsohar	Z.	Male	TX	Dallas	40K Cycle	
6009	80-84	BALDWYN	CHARLES	Male	MS	Saltillo	40K Cycle	
6041	80-84	Bumgarner	Ron	Male	FL	Gainesville	40K Cycle	
6047	80-84	Cary	Charles	Male	ME	Harpswell	40K Cycle	
6115	80-84	Hahn	Marlyn	Male	PA	York	40K Cycle	
6127	80-84	HIGGINS	DURWARD	Male	TN	CHATTANOOGA	40K Cycle	
6130	80-84	Hill	T Joseph	Male	MI	Port Huron	40K Cycle	
6143	80-84	Jones	Roger	Male	FL	sarasota	40K Cycle	
6160	80-84	Kreidl	Wigbert	Male	FL	Atlantic Beach	40K Cycle	
6167	80-84	Lea	Robert	Male	MD	Taneytown	40K Cycle	
6179	80-84	Macdonald	James	Male	VA	Williamsburg	40K Cycle	
6217	80-84	Prince	Gary H	Male	NH	Stratham	40K Cycle	
6224	80-84	RASNER	ROBERT	Male	NY	HUDSON	40K Cycle	
6255	80-84	Shere	Jerry	Male	OH	Cleveland Heights	40K Cycle	
6275	80-84	Stephan	Craig	Male	MI	Ann Arbor	40K Cycle	
6323	80-84	Zimmerman	Roger	Male	ME	Bethel	40K Cycle	
6002	85-89	Allen	Paul	Male	LA	Springfield	40K Cycle	
6058	85-89	COLEMAN	NEIL	Male	GA	Evans	40K Cycle	
6091	85-89	Fabbri	Luigi	Male	FL	Lake Worth	40K Cycle	

6171	85-89	Liberman	Harvey	Male	TN	Knoxville	40K Cycle	
6206	85-89	Orr	Norman	Male	TX	LUBBOCK	40K Cycle	
6208	85-89	Paganini	Robert	Male	CA	Los Angeles	40K Cycle	
6297	85-89	Van Horn	phil	Male	CA	santa barbara	40K Cycle	
6300	85-89	Vest	Bill	Male	VA	Gainesville	40K Cycle	
6304	85-89	Watts	David	Male	FL	Apalachicola	40K Cycle	
6082	90-94	Dupree	James	Male	MD	Bethesda	40K Cycle	
6084	95-99	Eckenrode	John	Male	PA	Bulger	40K Cycle	
<b>5 Minute Break</b>								
<b>2023 National Senior Games - Cycling (40K) Start Times</b>								
<b>Bib Number</b>	<b>Age Group</b>	<b>Last Name</b>	<b>First Name</b>	<b>Gender</b>	<b>Main State</b>	<b>Main Suburb</b>	<b>Event</b>	<b>Start Time</b>
6022	50-54	Bettis-Tanner	Pamela	Female	TN	Greeneville	40K Cycle	
6037	50-54	Brendle	Shareen	Female	WY	Cheyenne	40K Cycle	
6042	50-54	Burnett	Laura	Female	MI	Davison	40K Cycle	
6088	50-54	Evans	Elizabeth	Female	PA	Manchester	40K Cycle	
6229	50-54	Ridgel	Angela	Female	OH	Lakewood	40K Cycle	
6011	55-59	Barbero	Stephanie	Female	NY	Rochester	40K Cycle	
6014	55-59	Barron	Natalie	Female	VA	Lanexa	40K Cycle	
6027	55-59	Blood	Susan	Female	VT	Charlotte	40K Cycle	
6049	55-59	Childers	Lori	Female	MN	Chaska	40K Cycle	
6090	55-59	Fabbri	Gabriella	Female	FL	Lake Worth	40K Cycle	
6094	55-59	Fenzl	Lucy	Female	WI	Green Bay	40K Cycle	
6097	55-59	Fox	Elizabeth	Female	VA	Williamsburg	40K Cycle	8:47 AM
6134	55-59	Hopkins	Kimberly	Female	FL	Shalimar	40K Cycle	
6165	55-59	Latham	Tina	Female	MO	Wildwood	40K Cycle	
6170	55-59	Levinrad	Amy	Female	VA	Ashburn	40K Cycle	
6194	55-59	Mcquillan	Catherine	Female	FL	windermere	40K Cycle	
6228	55-59	RENDULIC	Susan	Female	PA	Pittsburgh	40K Cycle	
6259	55-59	Simon	Sherry	Female	OH	Toledo	40K Cycle	
6262	55-59	Smith	Christine	Female	MN	Rochester	40K Cycle	
6273	55-59	Stanfield	Renee	Female	TN	Munford	40K Cycle	
6307	55-59	Wherley	Maria	Female	PA	State College Borough	40K Cycle	
6311	55-59	Williams	Janice	Female	NY	Clinton	40K Cycle	
6321	55-59	Young	Treba	Female	AL	Mobile	40K Cycle	
<b>3 Minute Break</b>								

### 2023 National Senior Games - Cycling (40K) Start Times

Bib Number	Age Group	Last Name	First Name	Gender	Main State	Main Suburb	Event	Start Time
6010	60-64	Ballenger	Mary Beth	Female	OH	Parma Heights	40K Cycle	8:50 AM
6031	60-64	Bolt	Jodie	Female	WA	Lakewood	40K Cycle	
6043	60-64	Butcher	Patricia	Female	PA	Langhorne	40K Cycle	
6046	60-64	Carver	Kay	Female	FL	The Villages	40K Cycle	
6062	60-64	Cook	Christina	Female	NH	Portsmouth	40K Cycle	
6066	60-64	Cranson	JoAnn	Female	MI	Lake Odessa	40K Cycle	
6093	60-64	Faleix	Lola	Female	MI	Novi	40K Cycle	
6119	60-64	Harris	Carole	Female	MD	Bowie	40K Cycle	
6126	60-64	Hickey	Glenda	Female	OH	Germantown	40K Cycle	
6139	60-64	Jablonski	Helen	Female	OH	Malvern	40K Cycle	
6144	60-64	Joyce	Lisa	Female	NY	Ballston Spa	40K Cycle	
6155	60-64	Kingsley	Sherrie	Female	NY	Cooperstown	40K Cycle	
6164	60-64	Larson	Lisa	Female	WI	Brookfield	40K Cycle	
6209	60-64	Paris	Dessa	Female	MO	St. Louis	40K Cycle	
6218	60-64	Pugh	Sarah	Female	KY	Somerset	40K Cycle	
6241	60-64	Sacco	Patricia	Female	VT	Reading	40K Cycle	
6299	60-64	Vargas	Maria	Female	PA	South Park Township	40K Cycle	
6303	60-64	Walker	Constanze	Female	SC	Greenville	40K Cycle	
6017	65-69	Bemiller	Missy	Female	TN	Knoxville	40K Cycle	
6021	65-69	Besuden	Kimberly	Female	FL	Tavares	40K Cycle	
6023	65-69	Bird	Mary	Female	NH	Lee	40K Cycle	
6036	65-69	Bredl	Sharon	Female	WI	STRATFORD	40K Cycle	
6048	65-69	Charney	Claudette	Female	MI	Belmont	40K Cycle	
6052	65-69	Clark	Margaret	Female	VT	Colchester	40K Cycle	
6063	65-69	Cook	Cynthia	Female	DE	Wilmington	40K Cycle	
6095	65-69	Fielding	Dana	Female	IN	Nashville	40K Cycle	
6116	65-69	Halecky	Benedicta	Female	KY	Lexington	40K Cycle	
6152	65-69	Kennedy-Hess	Candace	Female	PA	Kintnersville	40K Cycle	
6161	65-69	Laethem	Kathryn	Female	MI	Frankenmuth	40K Cycle	
6168	65-69	Lea	Tracy	Female	MD	Taneytown	40K Cycle	
6175	65-69	Longley	Sharon	Female	ME	Brooklin	40K Cycle	
6178	65-69	Lyons	Sue	Female	MI	Port Huron	40K Cycle	
6199	65-69	Nash	Suzanne	Female	MI	Livonia	40K Cycle	
6211	65-69	Paulson	Susan	Female	MN	Alexandria	40K Cycle	
6249	65-69	Schuler	Victoria	Female	MI	Rochester Hills	40K Cycle	
6253	65-69	Shellenberger	Sharon	Female	PA	Carlisle	40K Cycle	
6258	65-69	Silva	Virginia	Female	NM	Albuquerque	40K Cycle	
6260	65-69	Simpson	Tani	Female	AZ	Prescott	40K Cycle	
6276	65-69	Stevens	Andria	Female	WA	Richland	40K Cycle	
6305	65-69	Webster	Megan	Female	MN	Richfield	40K Cycle	
<b>3 Minute Break</b>								

**2023 National Senior Games - Cycling (40K) Start Times**

Bib Number	Age Group	Last Name	First Name	Gender	Main State	Main Suburb	Event	Start Time
6008	70-74	Ayers	Rita	Female	NC	Manteo	40K Cycle	<b>8:53 AM</b>
6015	70-74	Baum	Barbara	Female	TN	Knoxville	40K Cycle	
6033	70-74	Boudreau	Nancy	Female	MI	Ann Arbor	40K Cycle	
6076	70-74	DiPippa	Karen	Female	AR	Little Rock	40K Cycle	
6114	70-74	Haggard	LeAnn	Female	IN	Fishers	40K Cycle	
6163	70-74	Lange	Nancy	Female	MI	WYOMING	40K Cycle	
6169	70-74	Leary	Kate	Female	NY	Buffalo	40K Cycle	
6186	70-74	Masear	Victoria	Female	AL	BIRMINGHAM	40K Cycle	
6247	70-74	Schmook	Claudia	Female	TN	Evensville	40K Cycle	
6256	70-74	Shere	Tove	Female	OH	Cleveland Heights	40K Cycle	
6280	70-74	Stroup	Gracie	Female	TN	Morristown	40K Cycle	
6284	70-74	Tatgenhorst	Connie	Female	TN	Knoxville	40K Cycle	
6295	70-74	Twer	Jody	Female	PA	Kitnersville	40K Cycle	
6040	75-79	Buchanan	Camilla	Female	VA	Williamsburg	40K Cycle	
6124	75-79	Herter	Bonnie	Female	NM	Silver City	40K Cycle	
6231	75-79	Robinson	Janet	Female	NY	Queens Village	40K Cycle	
6246	75-79	Schlabach	June	Female	OH	Groveport	40K Cycle	
6317	75-79	Wulff	Sandra Faye	Female	FL	Clermont	40K Cycle	
6029	80-84	BOGART	BARBARA	Female	TN	ELIZABETHTON	40K Cycle	
6150	80-84	Kelly	Linda	Female	IL	Springfield	40K Cycle	



**2023 National Senior Games - Cycling (40K) Start Times**

Bib Number	Age Group	Last Name	First Name	Gender	Main State	Main Suburb	Event	Start Time
6327							40K Cycle	
6328							40K Cycle	
6329							40K Cycle	
6330							40K Cycle	
6331							40K Cycle	
6332							40K Cycle	
6333							40K Cycle	
6334							40K Cycle	
6335							40K Cycle	
6336							40K Cycle	
6337							40K Cycle	
6338							40K Cycle	
6339							40K Cycle	
6340							40K Cycle	
6341							40K Cycle	
6342							40K Cycle	
6343							40K Cycle	
6344							40K Cycle	
6345							40K Cycle	
6346							40K Cycle	
6347							40K Cycle	
6348							40K Cycle	
6349							40K Cycle	
6350							40K Cycle	
6351							40K Cycle	
6352							40K Cycle	
6353							40K Cycle	
6354							40K Cycle	
6355							40K Cycle	
6356							40K Cycle	
6357							40K Cycle	
6358							40K Cycle	
6359							40K Cycle	
6360							40K Cycle	
6361							40K Cycle	
6362							40K Cycle	
6363							40K Cycle	
6364							40K Cycle	
6365							40K Cycle	
6366							40K Cycle	
6367							40K Cycle	
6368							40K Cycle	
6369							40K Cycle	
6370							40K Cycle	
6371							40K Cycle	
6372							40K Cycle	
6373							40K Cycle	
6374							40K Cycle	
6375							40K Cycle	
6376							40K Cycle	