



# 2023 National Senior Games

Pittsburgh, PA



## Race Walk And Power Walk Schedule

### Friday, July 7 - 1500M Walks

#### South Fayette HS

8:00 AM	W70-94 1500 Meter Race Walk	Finals
8:25 AM	M80-94 1500 Meter Race Walk	Finals
8:50 AM	M70-79 1500 Meter Race Walk	Finals
9:10 AM	W65 1500 Meter Race Walk	Finals
9:30 AM	M50-69 1500 Meter Race Walk	Finals
9:50 AM	W50-64 1500 Meter Race Walk	Finals
10:10 AM	W70-94 1500 Meter Power Walk	Finals
10:40 AM	M80-99 1500 Meter Power Walk	Finals
11:10 AM	M75 1500 Meter Power Walk	Finals
11:35 AM	M70 1500 Meter Power Walk	Finals
12:00 PM	W65 1500 Meter Power Walk	Finals
12:40 PM	M65 1500 Meter Power Walk	Finals
1:05 PM	W60 1500 Meter Power Walk	Finals
1:30 PM	M50-64 1500 Meter Power Walk	Finals
1:55 PM	W50-59 1500 Meter Power Walk	Finals

### Saturday, July 8 - 5K Walks

#### Highmark Stadium (Station Square Drive)

7:00 AM	W50-94 5k Race Walk	Finals
7:50 AM	M50-94 5k Race Walk	Finals
8:40 AM	W65-89 5k Power Walk	Finals
9:30 AM	M70-99 5k Power Walk	Finals
10:20 AM	W50-64 5k Power Walk	Finals
11:10 PM	M50-69 5k Power Walk	Finals