



2023 NATIONAL SENIOR GAMES

PRESENTED BY HUMANA

Golf Course Age-Division Assignments

(Updated 3-22-23)



DATES				
	SUNDAY 7-9	MONDAY 7-10	TUESDAY 7-11	WEDNESDAY 7-12
	Practice Date	Day 1	Day 2	Day 3
AGE SPECIFIC COURSE INFO				
AGE GROUPS	TEE BOX		GOLF COURSE	ADDRESS
	WOMEN	MEN		
50 - 54	Red	Blue	Montour Heights Country Club	1491 Coraopolis Heights Rd Coraopolis, PA 15108
55 - 59	Red	Blue/Yellow		
60 - 64	Red	Yellow		
65 - 69		Yellow		
65 - 69	Red		Quicksilver Golf Club	2000 Quicksilver Rd Midway, PA 15060
70 - 74	Red	Gold		
75 - 79		Gold		
75 - 79	Red		Shadow Lakes Country Club	2000 Beaver Lakes Blvd Aliquippa, PA 15001
80 - 84	Red	Gold		
85 - 89	Red	Gold		
90+	Red*	Gold*		

MONTOUR HEIGHTS COUNTRY CLUB		QUICKSILVER GOLF CLUB		SHADOW LAKES COUNTRY CLUB	
<i>Tee Box Distances</i>		<i>Tee Box Distances</i>		<i>Tee Box Distances</i>	
Blue	6,094 yards	Gold	5,456 yards	Gold	5,601 yards
Blue/Yellow	5,846 yards	Red	4,929 yards	Red	5,277 yards
Yellow	5,515 yards			Gold (9 Holes)* (Front Nine)	2,608 yards
Red	4,386 yards			Red (9 Holes)* (Front Nine)	2,565 yards

Subject to Change