



National Senior Games Association

2023 National Senior Games

General Competition Schedule

(Updated: 2.28.23)



	2023	FRI	SAT	SUN	MON	TUES	WED	THUR	FRI	SAT	SUN	MON	TUES
		7-Jul	8-Jul	9-Jul	10-Jul	11-Jul	12-Jul	13-Jul	14-Jul	15-Jul	16-Jul	17-Jul	18-Jul
CONVENTION CENTER SPORTS													
Basketball		P	X	X	XP	X	X	XP	X	X	X	X	
Cornhole		P/X	X	X									
Pickleball			P	X	X	X	X	X	X	X	X		
Shuffleboard		P	X	XP	X	XP	X	XP	X	X			
Table Tennis							P	X	X	X	X	X	X
Volleyball							P	X	X	XP	X	X	X
SPORT													
Archery		P	X	X	P	X	X	P	X	X			
Badminton		P	X	X	X/P	X	X	X					
Bowling						P	X	X	X/P	X	X/P	X	X
Cycling								5K TT	10K TT		20K	40K	
Golf				P	X	X	X						
Power Walk		1500M	5K										
Race Walk		1500M	5K										
Racquetball			X	X	X	X	X	X	X	X	X		
Road Race		10K		5K									
Softball	TO BE PLAYED IN COLUMBUS, OHIO - MAY 3-7, 2023 (LOU BERLINER SPORTS PARK)												
Swimming								P	X	X	X	X	
Tennis		X	X	X	X	X	X	X	X	X	X	X	X
Track & Field				P	X	X	X	X	X				
Triathlon & Tri Relay													X
SPECIAL EVENTS													
Athlete Check-In	5P-8P	7A-7P	7A-7P	7A-7P	7A-7P	7A-7P	7A-7P	7A-7P	7A-7P	7A-7P	7A-7P	7A-7P	7A-11A
Athlete Village/Exhibitors	5P-8P	8A-6P	8A-5P	8A-6P	8A-6P	8A-6P	8A-6P	8A-6P	8A-4P	8A-6P	8A-6P	8A-6P	
Flame Arrival			7PM										
Celebration of Athletes									TBD				
LEGEND													
X = Competition													
P = Practice													

SCHEDULE
SUBJECT TO CHANGE