

NSGA Fast Facts



NSGA Is...

- A non-profit member of the United States Olympic Paralympic Committee dedicated to motivating senior men and women to lead healthy lifestyles through the Senior Games Movement.
- The Organization that governs the biennial National Senior Games, the largest qualified multi-sport athletic event in the world.
- An umbrella for 53 Member Organizations across the United States that host qualifying Senior Games or Senior Olympics. The NSGA supports and sanctions these organizations so that adults can participate in their state and are motivated to achieve greater quality in their lives by staying healthy, active and fit.
- A national association that partners with government entities, non-profit groups colleges and universities and other national leaders to better understand and support positive aging initiatives for older adults.
- Committed to providing assistance and to advocate for education and research initiatives that enable senior athletes and others to be better informed about ways to ensure healthy and active aging.
- Dedicated to making every individual aware of their own Personal Best through fitness, health and wellness.

NSGA Mission Statement

The National Senior Games Association is a not-for-profit organization that is dedicated to promoting health and wellness for adults 50 and over through Education, Fitness and Sport.