



# 2022 National Senior Games

Presented by Humana

## Competition Schedule

Updated: 6.15.21

**Schedule Subject to Change**



|                                      | TUES                   | WED    | THUR                | FRI    | SAT    | SUN    | MON    | TUES   | WED    | THUR   | FRI    | SAT    | SUN    | MON    |
|--------------------------------------|------------------------|--------|---------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
|                                      | 10-May                 | 11-May | 12-May              | 13-May | 14-May | 15-May | 16-May | 17-May | 18-May | 19-May | 20-May | 21-May | 22-May | 23-May |
| <b>SPORT</b>                         |                        |        |                     |        |        |        |        |        |        |        |        |        |        |        |
| Archery                              |                        |        |                     | P      | X      | X      | P      | X      | X      | P      | X      | X      |        |        |
| Badminton                            |                        |        |                     |        |        |        |        | P      | X      | X      | X      | X      | X      | X      |
| Basketball                           |                        |        | P                   | X      | X      | X/P    | X      | X      | X/P    | X      | X      | X      | X      |        |
| Beach Volleyball                     |                        |        |                     | P      | X      | X      | P      | X      | X      |        |        |        |        |        |
| Bowling                              |                        |        | P                   | X      | X/P    | X      | X/P    | X/P    | X      | X      |        |        |        |        |
| Cornhole                             |                        |        |                     |        |        |        |        |        |        |        | P/X    | X      | X      |        |
| Cycling                              |                        |        |                     |        |        |        |        |        | 5K TT  | 10K TT |        | 20K RR | 40K RR |        |
| Golf                                 |                        |        |                     |        |        | P      | X      | X      | X      |        |        |        |        |        |
| Pickleball                           | P                      | X      | X                   | X      | X      | X      | X      | X      |        |        |        |        |        |        |
| Power Walk                           | 1500M                  | 5K     |                     |        |        |        |        |        |        |        |        |        |        |        |
| Race Walk                            | 1500M                  | 5K     |                     |        |        |        |        |        |        |        |        |        |        |        |
| Racquetball                          |                        | X      | X                   | X      | X      | X      | X      | X      | X      | X      |        |        |        |        |
| Road Race                            |                        |        | 5K                  |        | 10K    |        |        |        |        |        |        |        |        |        |
| Shuffleboard                         |                        | P      | X                   | X/P    | X      | X/P    | X      | X/P    | X      | X      |        |        |        |        |
| Soccer                               |                        |        |                     |        |        |        |        |        | P      | X      | X      | X      | X      |        |
| Softball                             |                        |        | P                   | X      | X      | X      | X/P    | X      | X      | X      | X/P    | X      | X      | X      |
| Swimming                             |                        |        | P                   | X      | X      | X      | X      |        |        |        |        |        |        |        |
| Table Tennis                         |                        |        |                     |        |        |        |        | P      | X      | X      | X      | X      | X      | X      |
| Tennis                               |                        | X      | X                   | X      | X      | X      | X      | X      | X      | X      | X      | X      | X      |        |
| Track & Field                        |                        | P      | X                   | X      | X      | X      | X      | X      |        |        |        |        |        |        |
| Triathlon & Tri Relay                |                        |        |                     |        |        | X      |        |        |        |        |        |        |        |        |
| Volleyball                           | P                      | X      | X                   | X/P    | X      | X      | X      |        |        |        |        |        |        |        |
| <b>SPECIAL EVENTS</b>                |                        |        |                     |        |        |        |        |        |        |        |        |        |        |        |
| Flame Arrival - <i>TBD</i>           |                        |        |                     |        |        |        |        |        |        |        |        |        |        |        |
| Celebration of Athletes - <i>TBD</i> |                        |        |                     |        |        |        |        |        |        |        |        |        |        |        |
| <b>LEGEND</b>                        | <b>X = Competition</b> |        | <b>P = Practice</b> |        |        |        |        |        |        |        |        |        |        |        |