



**NATIONAL SENIOR GAMES ASSOCIATION**  
**National Games Top 10 Performances and Current Record**  
**Track and Field**  
**Triple Jump**



RANK	NAME	STATE	FT-IN	METERS	YEAR	RECORD
<b>Women 50 - 54</b>						
1	Neringa Jakstiene	TN	35' 2.83"	10.74m	2017	*
2	Jennifer Hedges	TX	32' 2"	9.80m	2019	
3	Tracey Battle	MD	30' 5"	9.27m	2019	
4	Linda Cohn	CA	30' 02"	9.19m	2007	*
5	Dr. Koura Gibson	DC	29' 7.5"	9.03m	2015	
6	Martha Moore	FL	28' 7.3"	8.72m	2015	
7	Dr. Koura Gibson	DC	28' 6.13"	8.69m	2017	
8	Martha Moore	FL	28' 0.61"	8.55m	2017	
9	Cheryl Alston	NJ	27' 07"	8.42m	2011	
10	Pam Stuart	UT	26' 04"	8.03m	2009	
<b>Women 55 - 59</b>						
1	Neringa Jakstiene	TN	34' 8.5"	10.58m	2019	*
2	Linda Lowery	GA	30' 01"	9.18m	2007	*
3	Linda Lowery	GA	29' 11"	9.12m	2009	
4	Linda Cohn	CA	29' 10"	9.09m	2009	
5	Kay Glynn	IA	28' 06"	8.69m	2009	
6	Kay Glynn	IA	27' 08"	8.43m	2011	
7	Hille Von Malzahn	NY	27' 05"	8.36m	2007	
8	Wendy Barrow-Smith	Barbados	26' 6.8"	8.10m	2015	
9	Janean Shannon	OH	25' 11.02"	7.90m	2017	
10	Diana Session	TX	25' 8.27"	7.83m	2017	
<b>Women 60 - 64</b>						
1	Phil Raschker	GA	31' 7"	9.63m	2007	*
2	Phil Raschker	AL	29' 6"	9.00m	2011	
3	Linda Lowery	GA	28' 9"	8.76m	2011	
4	Phil Raschker	AL	28' 3"	8.61m	2009	
5	Linda Lowery	GA	27' 9.25"	8.46m	2013	
5	Linda Cohn	CA	27' 9.25"	8.46m	2015	
7	Carol Stricken	TN	27' 5.25"	8.36m	2007	
7	Linda Cohn	CA	27' 5.25"	8.36m	2013	
9	Kay Glynn	IA	26' 5.7"	8.07m	2015	
10	Kay Glynn	IA	26' 2.57"	7.99m	2017	

RANK	NAME	STATE	FT-IN	METERS	YEAR	RECORD
<b>Men 50 - 54</b>						
1	David Quick	CA	43' 00"	13.11m	2007	*
2	Brian Hankerson	FL	41' 8"	12.70m	2011	
3	Michael Graham	MD	37' 8"	11.47m	2007	
4	Daniel Haris	NY	37' 3"	11.35m	2011	
5	Neal Grob	LA	36' 5"	11.10m	2015	
6	Robert Clark	PA	35' 11"	10.94m	2007	
7	Neal Grob	LA	35' 9.92"	10.92m	2017	
8	Mike Henson	AR	35' 8.35"	10.88m	2017	
9	Greg Monson	IL	35' 7"	10.85m	2009	
10	Donald Watson	CA	35' 6"	10.82m	2009	
<b>Men 55 - 59</b>						
1	Brian Hankerson	FL	37' 9.94"	11.53m	2017	*
2	Donald Bunker	OH	37' 4.4"	11.39m	2015	*
3	Larry Rodenbeck	MO	37' 1"	11.29m	2007	*
4	Ronald Humphrey	VA	36' 5"	11.10m	2017	
5	Robert Clark	PA	36' 4"	11.08m	2009	
6	Don Bunker	OH	36' 2.64"	11.04m	2017	
6	Robert Clark	PA	36' 00"	10.97m	2011	
8	Marcus Battle	MD	35' 8.75"	10.89m	2013	
9	Dan Mehlbrech	SD	35' 7"	10.85m	2011	
10	Bob Rockwell	SC	35' 6"	10.83m	2007	
<b>Men 60 - 64</b>						
1	Mitch Lyster	NE	35' 10.3"	10.93m	2017	*
2	Brian Hankerson	FL	35' 6"	10.82m	2019	
3	Max Siu	TX	35' 4"	10.77m	2013	*
4	Max Siu	TX	35' 2"	10.72m	2015	
5	Bob Rockwell	SC	34' 1.25"	10.39m	2013	
6	Bruce Mcbarnette	VA	33' 11.5"	10.35m	2017	
7	Joe Smith	WA	33' 4.75"	10.18m	2019	
8	Bruce Patterson	OH	33' 2"	10.11m	2011	*
9	Jerry Boswell	OH	33' 2"	10.10m	2007	*
10	Daniel Packham	ID	33' 0.5"	10.07m	2013	

\* Indicates NSGA record when set



**NATIONAL SENIOR GAMES ASSOCIATION**  
**National Games Top 10 Performances and Current Record**  
**Track and Field**  
**Triple Jump**



RANK	NAME	STATE	FT-IN	METERS	YEAR	RECORD
<b>Women 65 - 69</b>						
1	Kay Glynn	IA	27' 1.75"	8.27m	2019	*
2	Linda Cohn	CA	26' 8.47"	8.14m	2017	*
3	Linda Lowery	GA	26' 2.17	7.98m	2017	
4	Linda Cohn	CA	25' 6"	7.77m	2019	
5	Phil Raschker	GA	25' 0.75"	7.64m	2013	*
6	Linda Lowery	GA	24' 11"	7.59m	2019	
7	Peggy Peck	FL	24' 5"	7.44m	2019	
8	Sharada Sarnaik	MI	23' 6"	7.16m	2011	*
9	Sharada Sarnaik	MI	22' 11.5"	7.00m	2015	
10	Sharada Sarnaik	MI	22' 3.5"	6.79m	2013	
<b>Women 70 - 74</b>						
1	Audrey Lary	MD	25' 1"	7.64m	2007	*
2	Barbara Jordan	VT	23' 8"	7.22m	2007	
3	Brenda Andrieu	HI	23' 00"	7.01m	2011	
3	Flo Meiler	VT	23' 00"	7.01m	2007	
5	Barbara Jordan	VT	22' 5"	6.84m	2009	
6	Marty Barlow-Beighley	FL	21' 9.8"	6.65m	2015	
7	Brenda Matthews	CA	21' 7.5"	6.59m	2019	
8	Marty Barlow-Beighley	FL	21' 1.25"	6.43m	2013	
9	Beatrice Kearney	FL	21' 0.75"	6.42m	2019	
10	Barbara Warren	WV	20' 0.55"	6.11m	2017	
10	Sharada Sarnaik	MI	20' 0.55"	6.11m	2017	
<b>Women 75 - 79</b>						
1	Audrey Lary	MD	25' 10"	7.88m	2009	*
2	Audrey Lary	MD	22' 00"	6.70m	2011	
3	Barbara Jordan	VT	21' 2"	6.45m	2011	
4	Flo Meiler	VT	20' 10"	6.35m	2011	
5	Flo Meiler	VT	20' 7"	6.27m	2013	
6	Flo Meiler	VT	19' 11"	6.06m	2009	
7	Christel Donley	CO	19' 9.5"	6.03m	2013	
8	Barbara Jordan	VT	19' 8.25"	6.00m	2013	
9	Magdalena Kuehne	CA	19' 5"	5.92m	2009	
10	Audrey Lary	MD	19' 4.75"	5.91m	2013	

RANK	NAME	STATE	FT-IN	METERS	YEAR	RECORD
<b>Men 65 - 69</b>						
1	Max Siu	TX	34' 6.17"	10.52m	2017	*
2	Bob Rockwell	SC	33' 00"	10.06m	2015	*
3	Sai Ching	HI	32' 9"	9.97m	2009	*
4	Dan Mehlbrech	SD	32' 3.75"	9.85m	2017	
5	Bruce Patterson	OH	31' 7.13"	9.63m	2017	
6	Dan Mehlbrech	SD	31' 6.75"	9.62m	2019	
7	Larry Rheams	MO	31' 00"	9.46m	2009	
8	Frank Tilton	MO	30' 10"	9.41m	2011	
9	Ray Kozusko	TX	30' 9"	9.37m	2007	*
10	Larry Rodenbeck	MO	30' 8.5"	9.36m	2017	
<b>Men 70 - 74</b>						
1	Jeffrey Duke	IL	31"	9.45m	2019	*
2	Charlie Richard	LA	30' 9"	9.38m	2007	*
3	Bobby Klemann	OH	30' 1.81"	9.19m	2017	
4	Tyrone Brown	DC	29' 10.66"	9.11m	2017	
4	Jim Sharps	VA	29' 9.87"	9.09m	2017	
6	William Angus	OH	29' 4.75"	8.96m	2013	
7	Frank Tilton	MO	28' 9.27"	8.77m	2017	
8	Charles Richard	LA	28' 5"	8.66m	2009	
9	Ivan Black	NJ	28' 1.75"	8.58m	2019	
10	Roger Vergin	WA	28' 1"	8.56m	2009	
<b>Men 75 - 79</b>						
1	Charles Richard	LA	27' 9"	8.47m	2011	*
2	James Stookey	MD	27' 1"	8.26m	2007	*
3	Roger Vergin	WA	26' 1"	7.95m	2013	
4	Ronald Whittemore	NH	25' 10"	7.87m	2013	
5	Joel Stinson	ME	25' 6"	7.78m	2011	
6	Wayne Mishler	OH	25' 6"	7.77m	2011	
7	Jerry Chase	CA	25' 4"	7.72m	2011	
8	Alan Raynor	FL	24' 11"	7.60m	2007	
9	Paul Vickers	GA	24' 6"	7.47m	2011	
10	Bill Karjane	FL	24' 4.9"	7.44m	2015	

\* Indicates NSGA record when set



**NATIONAL SENIOR GAMES ASSOCIATION**  
**National Games Top 10 Performances and Current Record**  
**Track and Field**  
**Triple Jump**



**RANK NAME STATE FT-IN METERS YEAR RECORD**

**Women 80 - 84**

1	Flo Meiler	VT	19' 3.8"	5.89m	2015	*
2	Flo Meiler	VT	18' 0.14"	5.49m	2017	
3	Christel Donley	CO	17' 7"	5.36m	2015	
4	Christel Donley	CO	17' 1.25"	5.21m	2019	
5	Barbara Jordan	VT	16' 9.1"	5.11m	2015	
6	Doris Ferry	FL	15' 11.3"	4.86m	2015	
7	Johnnye Valien	CA	15' 7"	4.76m	2007	*
8	Gloria Krug	PA	15' 2"	4.63m	2011	
8	Nadine Carver	OH	15' 2.25"	4.63m	2019	
10	Patricia Lemanski	MI	15' 1.25"	4.60m	2013	

**Women 85-89**

1	Florence Meiler	VT	14' 10"	4.52m	2019	*
2	Johnnye Valien	CA	13' 10"	4.22m	2011	*
3	Molly Mackown	CO	12' 8"	3.86m	2007	*
4	Frances Styles	CA	11' 11.7"	3.65m	2015	
5	Johnnye Valien	CA	11' 10.5"	3.62m	2013	
6	Wally Dashiell	VA	11' 8"	3.55m	2009	
7	Margaret Hinton	TX	11' 7"	3.53m	2007	
8	Ann McGowan	RI	11' 6"	3.50m	2009	
9	Rosalia Gioia	NY	11' 3.43"	3.44m	2017	
10	Ann McGowan	RI	11' 1"	3.38m	2011	

**Women 90-94**

1	Molly Mackown	CO	12' 00"	3.67m	2009	*
2	Margaret Hinton	TX	10' 00"	3.06m	2011	
3	Wally Dashiell	MD	6' 00"	1.83m	2013	

**Women 95 - 99**

No entries in this age division

**RANK NAME STATE FT-IN METERS YEAR RECORD**

**Men 80 - 84**

1	Roger Vergin	WA	26' 3.35"	8.01m	2017	*
2	Jon Bingesser	KS	25' 0.75"	7.64m	2019	
3	Robert Hewitt	OR	25' 0.5"	7.63m	2013	
4	William Iannicelli	PA	24' 00"	7.33m	2007	*
5	Suat Akgun	NJ	22' 6"	6.87m	2009	
6	Arnold Nett	Canada	22' 1.3"	6.74m	2015	
6	David Melber	TX	22' 1.5"	6.74m	2019	
8	Gerald Levasseur	ME	22' 0.96"	6.73m	2017	
9	Suat Akgun	NJ	22' 00"	6.71m	2011	
10	Jerry Reiserar	KS	21' 9"	6.62m	2011	

**Men 85 - 89**

1	William Iannicelli	PA	22' 1"	6.74m	2009	*
2	Tom Kennell	FL	21' 4"	6.50m	2007	*
3	Suat Akgun	NJ	19' 8.75"	6.01m	2013	
4	Adolph Hoffman	TX	19' 1"	5.82m	2009	
5	Denver Smith	OH	18' 8"	5.69m	2013	
6	David Rider	FL	18' 4.4"	5.60m	2015	
7	Adolph Hoffman	TX	18' 1"	5.50m	2011	
8	William Jankovich	WI	18' 0.25"	5.49m	2019	
9	Raoul Rodriques	CT	17' 6.25"	5.34m	2013	
10	Keith Tompkins	TX	17' 2"	5.23m	2011	

**Men 90 - 94**

1	Donald Pellmann	CA	19' 00"	5.78m	2009	*
2	David Chase	FL	16' 2"	4.94m	2011	
3	Adolph Hoffman	TX	16' 1.75"	4.92m	2013	
4	Suat Akgun	FL	16' 0.5"	4.89m	2019	
5	James Kales	FL	16' 00"	4.88m	2009	
6	Howard Hall	KY	15' 11"	4.84m	2011	
7	Raoul Rodriques	CT	15' 2.6"	4.64m	2015	
8	Howard Hall	KY	11' 5.25"	3.49m	2013	
9	George Roudebush	OH	7' 0.9"	2.37m	2015	

**Men 95-99**

1	James Kales	FL	13' 9"	4.20m	2011	*
2	James Kales	FL	11' 0.25"	3.36m	2013	
3	Howard Hall	KY	8' 3.21"	2.52m	2017	
4	Howard Hall	KY	7' 5.3"	2.27m	2015	

\* Indicates NSGA record when set