



NATIONAL SENIOR GAMES ASSOCIATION

National Games Top 10 Performances and Current Records

Track and Field

High Jump



RANK NAME STATE FT-IN METERS YEAR RECORD

Women 50 - 54

1	Phil Raschker	GA	5' 1"	1.55m	1997	*
2	Neringa Jakstiene	TN	4' 10.25"	1.48m	2017	
3	Phil Raschker	GA	4' 9"	1.45m	1999	
3	Jennifer Hedges	TX	4' 9"	1.45m	2019	
5	Kay Glynn	IA	4' 8.25"	1.43m	2007	
6	Eleanor Gipson	TN	4' 7.75"	1.42m	2005	
7	Phil Raschker	GA	4' 7"	1.40m	2001	
7	Laura Clemmons	TX	4' 7"	1.40m	2019	
9	Rita Handscom	CA	4' 5.5"	1.36m	2007	
10	Martha Moore	FL	4' 5.1"	1.35m	2015	

Women 55 - 59

1	Neringa Jakstiene	TN	4' 10.25"	1.48m	2019	*
2	Phil Raschker	GA	4' 7"	1.40m	2003	*
3	Kay Glynn	IA	4' 6.25"	1.38m	2009	
4	Phil Raschker	GA	4' 6"	1.37m	2005	
5	Julie Villarreal	GA	4' 5.5"	1.36m	2015	
6	Kay Glynn	IA	4' 5"	1.35m	2011	
6	Julia Curran-Villarreal	GA	4' 5"	1.35m	2017	
8	Janet Blair	NM	4' 4"	1.32m	2005	
9	Janet Blair	NM	4' 3.25"	1.30m	2003	
9	Linda Douglass	TX	4' 3.25"	1.30m	2003	
9	Linda Douglass	TX	4' 3.25"	1.30m	2001	*
9	Michelle Saye	TX	4' 3.25"	1.30m	2019	
10	Julia Haynes	PA	4' 1.25"	1.25m	2019	

Women 60 - 64

1	Kay Glenn	IA	4' 6"	1.37m	2013	*
2	Phil Raschker	GA	4' 5.5"	1.36m	2007	*
3	Kay Glenn	IA	4' 5.1"	1.35m	2015	
4	Phil Raschker	AL	4' 3.25"	1.30m	2011	
4	Peggy Peck	FL	4' 3.25"	1.30m	2015	
4	Kay Glynn	IA	4' 3.25"	1.30m	2017	
7	Janet Blair	NM	4' 2.25"	1.28m	2007	*
8	Phil Raschker	AL	4' 2"	1.27m	2009	
8	Linda Douglass	TX	4' 2"	1.27m	2005	*
10	Patricia Safavi	WI	4' 1.25"	1.25m	2015	

RANK NAME STATE FT-IN METERS YEAR RECORD

Men 50 - 54

1	Gregory Vidos	LA	6' 00"	1.83m	2011	*
2	Thomas Foley	MO	5' 10.75"	1.80m	2011	*
3	Peter Hlavin	CA	5' 9.75"	1.77m	2009	
3	Kenny Drollinger	IN	5' 9.75"	1.77m	2007	*
5	James Sauers	GA	5' 8.75"	1.75m	2003	
5	Roberto Pozzi	CA	5' 8.75"	1.75m	1997	*
5	Gregory Vidos	LA	5' 8.75"	1.75m	2013	
8	Thomas Foley	MO	5' 7.75"	1.72m	2009	
8	Charles Durrant	KY	5' 7.75"	1.72m	2007	
10	Walden Curry	LA	5' 7"	1.70m	2003	
10	James Kallfelz	NH	5' 7"	1.70m	2015	

Men 55 - 59

1	Mark Williamson	NC	5' 11.5"	1.82m	2013	*
2	Gregory Vidos	LA	5' 8"	1.73m	2019	
3	Thomas Foley	MA	5' 7.75"	1.72m	2013	
4	Dan Pierce	FL	5' 7"	1.70m	2007	*
4	Peter Hlavin	CA	5' 7"	1.70m	2015	
4	Thomas Foley	MA	5' 7"	1.70m	2015	
7	Emil Pawlik	MS	5' 6"	1.68m	1997	*
8	Dan Mehlbrech	SD	5' 5.75"	1.67m	2011	
8	Dan Mehlbrech	SD	5' 5.75"	1.67m	2009	
8	Reynaldo Brown	CA	5' 5.75"	1.67m	2009	
8	Darrel Holmes	MT	5' 5.75"	1.67m	2009	
8	Peter Hlavin	CA	5' 5.75"	1.67m	2013	

Men 60 - 64

1	Brian Hankerson	FL	5' 8.75"	1.75m	2019	*
1	Bruce Mcbarnette	VA	5' 8.75"	1.75m	2017	*
3	Peter Hlavin	CA	5' 7"	1.70m	2019	
3	Bruce Mcbarnette	VA	5' 7"	1.70m	2019	
5	Kenneth Drollinger	IN	5' 5.7"	1.67m	2015	*
6	Thomas Foley	MA	5' 5"	1.65m	2019	
6	James Sauers	GA	5' 5"	1.65m	2011	*
8	David Montieth	CT	5' 3.25"	1.61m	2007	*
9	Edward Baskauskas	CA	5' 3"	1.60m	2011	
9	Howard Dewey	NY	5' 3"	1.60m	2001	*
9	Garry Pirch	MO	5' 3"	1.60m	2015	

* Indicates NSGA record when set



NATIONAL SENIOR GAMES ASSOCIATION

National Games Top 10 Performances and Current Records

Track and Field

High Jump



RANK	NAME	STATE	FT-IN	METERS	YEAR	RECORD
Women 65 - 69						
1	Kathy Bergan	CA	4' 4"	1.32m	2005	*
2	Kathy Bergan	CA	4' 3.25"	1.30m	2009	
2	Evelan Wright	MD	4' 3.25"	1.30m	2003	*
2	Rita Hanscom	CA	4' 3.25"	1.30m	2019	
5	Eleanor Gipson	WY	4' 2"	1.27m	2017	
6	Nadine O'Connor	CA	4' 1.25"	1.25m	2009	
6	Peggy Peck	FL	4' 1.25"	1.25m	2019	
8	Leonore McDaniels	VA	4' .75"	1.24m	1993	*
9	Linda Douglass	TX	3' 11.5"	1.21m	2011	
10	Kathy Bergan	CA	3' 11.25"	1.20m	2007	
10	LaTanya Glass	CA	3' 11.25"	1.20m	2013	
10	Janet Blair	NM	3' 11.25"	1.20m	2013	
10	Janet Blair	NM	3' 11.25"	1.20m	2015	
10	Patricia Safavi	WI	3' 11.25"	1.20m	2019	
Women 70 - 74						
1	Kathy Bergan	CA	4' 2.25"	1.28m	2011	*
2	Annelies Steekelenburg	CA	3' 11.25"	1.20m	2019	
3	Janet Blair	NM	3' 9.25"	1.15m	2019	
4	Leonore McDaniels	VA	3' 8.75"	1.14m	1999	*
5	Flo Meiler	VT	3' 8"	1.12m	2005	
6	Christel Donley	CO	3' 7.75"	1.11m	2007	
6	Janet Blair	NM	3' 7.75"	1.11m	2017	
8	Mary Bowermaster	OH	3' 6.75"	1.09m	1989	*
9	Barbara Warren	WV	3' 6.5"	1.08m	2017	
10	Sarah Overton	TN	3' 6"	1.07m	1995	
10	Ruth Seeger	TX	3' 6"	1.07m	1995	
10	Margaret Hinton	TX	3' 6"	1.07m	1995	
Women 75 - 79						
1	Kathy Bergen	CA	3' 11.25"	1.20m	2015	*
2	Kathy Bergen	CA	3' 10.5"	1.18m	2017	
3	Leonore McDaniels	VA	3' 8"	1.12m	2003	*
4	Flo Meiler	VT	3' 5.25"	1.05m	2009	
4	Flo Meiler	VT	3' 5.25"	1.05m	2013	
6	Ethel Lehmann	FL	3' 5"	1.04m	2005	
6	Ruth Seeger	TX	3' 5"	1.04m	1999	*
8	Catherine Radle	GA	3' 4.5"	1.03m	2019	
9	Elnora Martinelli	CO	3' 4"	1.02m	1995	*
9	Margart Hinton	TX	3' 4"	1.02m	1997	
9	Flo Meiler	VT	3' 4"	1.02m	2011	
9	Christel Donley	CO	3' 4"	1.02m	2011	
9	Loretta Watson	TX	3' 4"	1.02m	2011	

RANK	NAME	STATE	FT-IN	METERS	YEAR	RECORD
Men 65 - 69						
1	James Sauers	GA	5' 3.75"	1.62m	2013	*
2	Jim Gillcrist	FL	5' 1.75"	1.57m	1995	*
3	Emil Pawlik	MS	4' 11.75"	1.52m	2005	
3	James Sauers	GA	4' 11.8"	1.52m	2017	
5	James Stookey	MD	4' 11"	1.50m	1995	
5	Peter Kronberg	MO	4' 11"	1.50m	1995	
5	James Stookey	MD	4' 11"	1.50m	1997	
5	David Montieth	CT	4' 11"	1.50m	2011	*
5	David Montieth	CT	4' 11"	1.50m	2013	
5	Dan Mehlbrech	SD	4' 11"	1.50m	2019	
5	Garry Pirch	MO	4' 11"	1.50m	2019	
Men 70 - 74						
1	David Montieth	CT	4' 11.8"	1.52m	2015	*
2	Richard Lowery	FL	4' 9.75"	1.47m	2003	*
3	David Montieth	CT	4' 9"	1.45m	2019	
3	Tim Heikkila	FL	4' 9"	1.45m	2019	
5	Emil Pawlik	MS	4' 7.9"	1.42m	2009	
5	Davie Perry	CA	4' 7.9"	1.42m	2009	
5	Tom Langenfeld	MN	4' 7.9"	1.42m	2009	
8	Tom Langenfeld	MN	4' 7"	1.40m	2007	
8	Gordon Seifert	AL	4' 7"	1.40m	1999	
8	Peter Kronberg	MO	4' 7"	1.40m	1997	*
8	Hamilton Morningstar	MI	4' 7"	1.40m	1987	*
8	Joe Johnston	FL	4' 7"	1.40m	2013	
8	James Sauers	GA	4' 7"	1.40m	2019	
Men 75 - 79						
1	James Blackwell	KY	4' 7"	1.40m	2015	*
2	Richard Lowery	FL	4' 6.75"	1.39m	2007	*
3	Doug Spainhower	UT	4' 5"	1.35m	2011	
3	Tom Langenfeld	MN	4' 5"	1.35m	2013	
5	James Blackwell	KY	4' 4.3"	1.33m	2017	
5	Jack Squires	CA	4' 4.25"	1.33m	2019	
7	James Stookey	MD	4' 3.25"	1.30m	2005	
7	Fredrick Everhart	MD	4' 3.25"	1.30m	2003	*
7	James Ware	IN	4' 3.25"	1.30m	2011	
7	Edward Fritz	MI	4' 3.25"	1.30m	2015	

* Indicates NSGA record when set



NATIONAL SENIOR GAMES ASSOCIATION
National Games Top 10 Performances and Current Records
Track and Field
High Jump



RANK NAME STATE FT-IN METERS YEAR RECORD

Women 80 - 84

1	Kathy Bergen	CA	3' 10"	1.17m	2019	*
2	Sarah Overton	TN	3' 4"	1.02m	2005	*
3	Christel Donley	CO	3' 3.3"	1.00m	2015	
3	Flo Meiler	VT	3' 3.3"	1.00m	2015	
5	Christel Donley	CO	3' 2.25"	0.97m	2019	
6	Mary Bowermaster	OH	3' 1"	0.94m	1999	*
7	Marie Uebel	MO	2' 11.75"	0.91m	1993	*
7	Nadine Carver	OH	2' 11.75"	0.91m	2019	
9	Sarah Overton	TN	2' 11.5"	0.90m	2009	
9	Barbara Jordan	VT	2' 11.5"	0.90m	2015	
10	Ruth Seeger	TX	2' 11"	0.89m	2005	
10	Margart Hinton	TX	2' 11"	0.89m	2003	
10	Mary Bowermaster	OH	2' 11"	0.89m	2001	

Women 85-89

1	Florence Meiler	VT	2' 11.75"	0.91m	2019	*
2	Johnnye Valien	CA	2' 10.5"	0.88m	2011	*
3	Sarah Overton	TN	2' 9.5"	0.85m	2011	
3	Wally Dashiell	VA	2' 9.5"	0.85m	2009	*
3	Johnnye Valien	CA	2' 9.5"	0.85m	2013	
3	Frances Styles	CA	2' 9.5"	0.85m	2013	*
7	Helen Beauchamp	MS	2' 9"	0.84m	2005	*
8	Mary Bowermaster	OH	2' 7"	0.79m	2005	
8	Margaret Hinton	TX	2' 7"	0.79m	2007	
10	Mary Seebeck	OH	2' 6"	0.76m	2011	

Women 90 - 94

1	Margaret Hinton	TX	2' 00"	0.61m	2011	*
---	-----------------	----	--------	-------	------	---

Women 95 - 99

No entries in this age division

RANK NAME STATE FT-IN METERS YEAR RECORD

Men 80 - 84

1	Richard Lowery	FL	4' 6"	1.37m	2011	*
2	Tom Langenfeld	MN	4' 3.25"	1.30m	2015	
2	Bernhard Stamm	VA	4' 3.25"	1.30m	2019	
4	Richard Lowery	FL	4' 1.25"	1.25m	2013	
5	Bill Wambach	WI	4' .75"	1.24m	2007	
5	Donald Pellmann	AR	4' .75"	1.24m	1997	*
7	Virgil McIntyre	AZ	4' 00"	1.22m	1991	*
8	Lloyd Kempf	SD	3' 11.25"	1.20m	2015	
8	Don Isett	TX	3' 11.25"	1.20m	2019	
10	Frederic Hirsimaki	OH	3' 10.75"	1.19m	2005	
10	Edward Fritz	MI	3' 10.75"	1.19m	2017	
10	Roger Vergin	WA	3' 10.75"	1.19m	2017	

Men 85 - 89

1	Warren Barger	TN	3' 9.50"	1.16m	2007	*
2	Bill Wambach	WI	3' 8"	1.12m	2011	
2	Charles Wilson	PA	3' 8"	1.12m	2009	
2	Doug Spainhower	UT	3' 8"	1.12m	2019	
5	John Poche	LA	3' 7.25"	1.10m	2013	
6	Carl Wafford	AR	3' 6.75"	1.09m	2007	
6	Charles Baker	TN	3' 6.75"	1.09m	2011	
8	Leland McPhie	CA	3' 6"	1.07m	1999	*
8	James Elliot	MI	3' 6"	1.07m	1999	*
10	Charles Wilson	PA	3'05.75"	1.06m	2011	

Men 90 - 94

1	Donald Pellmann	CA	3' 9.25"	1.15m	2009	*
2	John Boesenhofer	OH	3' 6.1"	1.07m	2005	*
3	Warren Barger	TN	3' 5.7"	1.06m	2011	
4	Curt Davison	MO	3' 5.3"	1.05m	2015	
5	Bill Wambach	WI	3' 3.3"	1.00m	2015	
6	George Roudebush	OH	3' 1.4"	0.95m	2015	
6	Raoul Rodrigues	CT	3' 1.4"	0.95m	2015	
8	Curt Davison	MO	3' 0.6"	0.93m	2017	
9	John Boesenhofer	OH	2' 11.5"	0.90m	2007	
9	Robert Thompson	NV	2' 11.5"	0.90m	2019	
10	Arthur Decker	TX	2' 10.25"	0.87m	2019	

Men 95 - 99

1	Warren Barger	TN	2' 11.5"	0.90m	2017	*
2	Robert Stewert	VA	2' 7.75"	0.81m	2007	*

* Indicates NSGA record when set