



NATIONAL SENIOR GAMES ASSOCIATION
National Games Top 10 Performances and Current Record
Swimming
400 Yard IM



RANK	NAME	STATE	TIME	YEAR	RECORD		RANK	NAME	STATE	TIME	YEAR	RECORD
Women 50 - 54							Men 50 - 54					
1	Mary Jo Agner	NC	6:08.76	2019	*		1	Kurt Dickson	AZ	4:42.13	2019	*
2	Heather Huettner	KS	6:19.13	2019			2	Dan Beatty	GA	4:45.90	2017	*
3	Dara Goldsmith	NV	6:36.14	2019			3	Mark Brandt	IL	5:05.77	2017	
4	Cindy Januszewski	FL	6:55.68	2017	*		4	Patrick McGinley	CA	5:17.76	2017	
5	Sarah Beth Bombardier	VT	7:11.78	2019			5	Steven Heaney	OH	5:49.09	2017	
6	Pam McClure	GA	7:14.71	2017			6	Mark Rogers	GA	6:41.89	2017	
7	Kathleen Burkhart	MI	9:22.19	2017								
8	Patricia Martinez	VA	12:30.33	2019								
Women 55 - 59							Men 55 - 59					
1	Kathleen Steffe	CO	5:35.96	2019	*		1	Steve Waters	TX	4:56.14	2017	*
2	Paula Cunio	FL	5:51.19	2017	*		2	Patrick McGinley	CA	5:33.03	2019	
3	Paula Cunio	FL	6:00.24	2019			3	David Kough	MN	5:38.38	2019	
4	Karen Bland	TN	6:12.13	2019			4	Roger Senn	NM	5:39.64	2019	
5	Karen Rokich	OH	6:15.83	2017			5	Chris Campbell	CA	5:52.97	2017	
6	Joanne Deys	MI	6:25.20	2019			6	John Witham	NM	5:54.63	2019	
7	Suzanne Grebe	KY	6:34.15	2017			7	Theodore Collins	AZ	6:19.26	2019	
8	Jayne Milavec	NM	7:36.62	2019			8	Brent Anderson	TX	6:23.44	2017	
9	Elaine Krugman	GA	7:46.55	2019			9	Robert Olson	UT	7:32.49	2019	
10	Pamela Walston	AL	8:08.81	2019								
Women 60 - 64							Men 60 - 64					
1	Sharon Burlingame	TN	6:19.26	2017	*		1	James Ritter	OH	4:58.14	2017	*
2	Sharon Burlingame	TN	6:32.54	2019			2	Cork Haberek	KY	5:15.45	2017	
3	Karen Rokich	OH	6:45.64	2019			3	Tom Burke	NM	5:35.04	2019	
4	Norah Kute	KY	6:53.58	2017			4	Robert Voll	OR	5:46.34	2019	
5	Ann Emmrich	IL	7:00.99	2017			5	Keith Miller	WI	5:54.69	2019	
6	Betty Lampe	NJ	7:09.21	2017			6	Mike Phillips	TN	5:55.80	2019	
7	Patricia Winck	IN	7:54.82	2019			7	Bob Jennings	FL	5:58.92	2017	
8	Julie Moore	CO	7:55.98	2019			8	Daniel Underbrink	WA	6:00.63	2017	
9	Jan Hinson	AL	8:07.44	2017			9	Robert Cutrone	GA	6:02.16	2017	
10	Mary Vonderharr	MN	9:06.41	2017			10	Jeffrey Calvert	TN	6:05.72	2019	

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Women 65 - 69							Men 65 - 69					
1	Elizabeth Kassen	WA	6:30.67	2017	*		1	Bruce Rollins	TX	5:45.85	2017	*
2	Tamara Steil	MI	6:56.46	2019			2	James Kennedy	CA	5:58.19	2017	
3	Joannie Eastridge	AZ	7:08.00	2019			3	Richard Jordan	TN	6:08.62	2019	
4	Carolyn Lyman	UT	7:23.46	2019			4	James Hill	VA	6:23.90	2017	
5	Connie Lindsey	TX	7:29.52	2017			5	Robert Jones	PA	6:29.67	2017	
6	Maureen Fitzpatrick	FL	7:39.73	2017			6	Ed Leech	TN	6:36.12	2017	
7	Elisa Ragland	TX	7:42.24	2019			7	Gary Abbate	WV	6:45.59	2019	
8	Christyann Mayhew	TX	7:57.13	2019			8	James Hill	VA	6:48.14	2019	
9	Rosemary Sexton	TN	7:57.40	2017			9	Steven Conover	IN	7:24.69	2017	
10	Molly Myers	TN	8:08.66	2017			10	Francis Martin	DE	8:03.75	2019	
Women 70 - 74							Men 70 - 74					
1	Molly Myers	TN	7:31.75	2019	*		1	Doug Springer	AZ	5:28.47	2017	*
2	Betty Burfeind	IL	7:36.99	2019			2	Steven Heck	LA	5:37.47	2019	
3	Mary Pohlmann	IL	7:39.04	2017	*		3	Kent Carney	CO	5:47.36	2017	
4	Barbara Larsen	MN	7:43.94	2017			4	Doug Springer	AZ	6:01.86	2019	
5	Barbara Larsen	MN	7:48.77	2019			5	Mingjie Song	MA	6:45.66	2017	
6	Candy Christenson	WI	8:02.30	2017			6	John Zeigler	GA	6:54.86	2017	
7	Wendy Weinberg	AZ	8:16.83	2017			7	Rand Vaillancourt	MD	7:37.52	2017	
8	Betty Burfeind	IL	8:16.83	2017			8	Craig Shaffer	AZ	7:49.45	2019	
Women 75 - 79							Men 75 - 79					
1	Daniela Barnea	CA	7:09.34	2019	*		1	Mike Freshley	CA	6:31.99	2019	*
2	Susan Meyers	IN	8:05.59	2019			2	Dave Noble	MO	6:40.19	2019	
3	DeEtte Sauer	TX	9:05.52	2019			3	Eliot Winokur	FL	7:06.31	2019	
4	DeEtte Sauer	TX	9:16.70	2017	*		4	William Learmonth	OH	8:33.27	2017	*
5	Peggy Bruin	MI	9:22.49	2017			5	Robert Williams	OH	9:54.03	2017	
6	Peggy Bruin	MI	11:03.53	2019								
7	Susan Ottosen	GA	11:59.84	2019								

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Women 80 - 84							Men 80 - 84					
1	Martha Henderson	FL	11:35.44	2019	*		1	William Lauer	TN	7:10.79	2017	*
2	Lauretta Jenkins	Dis o Col	13:15.13	2019			2	Hal Stolz	GA	8:08.56	2017	
3	Diane Mueller	NM	15:58.10	2017	*		3	David Gladfelter	NJ	10:24.93	2017	
							4	Robert Williams	OH	10:47.48	2019	
Women 85 - 89							Men 85 - 89					
1	Barbara Eisele	SC	13:44.07	2019	*		1	William Lauer	TN	7:43.56	2019	*
2	Joan Campbell	FL	15:11.76	2019								
3	Diane Mueller	NM	16:22.85	2019								
Women 90 - 94							Men 90 - 94					
No entries for this age division							1	Thomas Maine	IL	10:36.73	2017	*
Women 95 - 99							Men 95 - 99					
No entries for this age division							No entries for this age division					

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