



NATIONAL SENIOR GAMES ASSOCIATION
National Games Top 10 Performances and Current Record
Swimming
200 Yard Backstroke



| RANK | NAME | STATE | TIME | YEAR | RECORD |
|----------------------|-------------------|-------|---------|------|--------|
| Women 50 - 54 | | | | | |
| 1 | Cindy Ciampa | KY | 2:30.45 | 2011 | * |
| 2 | Elizabeth Hogan | MD | 2:33.00 | 2007 | * |
| 3 | Elizabeth Hogan | MD | 2:34.49 | 2009 | |
| 4 | Deborah Gardner | AZ | 2:39.51 | 2011 | |
| 5 | Karlene Denby | TX | 2:40.00 | 2007 | * |
| 6 | Maryanne Barkley | IL | 2:40.65 | 2011 | |
| 7 | Rosana Andrade | TX | 2:41.32 | 2011 | |
| 8 | Jan Miller | TX | 2:42.06 | 2003 | * |
| 9 | Deborah Gardner | AZ | 2:42.11 | 2013 | |
| 10 | Melissa White | AL | 2:44.56 | 2019 | |
| Women 55 - 59 | | | | | |
| 1 | Brigid Bunch | AZ | 2:27.68 | 2019 | * |
| 2 | Janet McDonough | PA | 2:27.69 | 2015 | * |
| 3 | Debbie Loux | TX | 2:30.42 | 2013 | * |
| 4 | Janet McDonough | PA | 2:31.74 | 2013 | |
| 5 | Elizabeth Hogan | MD | 2:35.91 | 2011 | * |
| 6 | Linda Larson | FL | 2:36.25 | 2013 | |
| 7 | Patty Fennell | FL | 2:36.62 | 2019 | |
| 8 | Lee Ann Banks | VT | 2:38.68 | 2019 | |
| 9 | Elaine Valdez | TX | 2:39.38 | 2011 | |
| 10 | Heidi Henning | AZ | 2:43.99 | 2019 | |
| Women 60 - 64 | | | | | |
| 1 | Barbara Church | MI | 2:33.00 | 2015 | * |
| 2 | Barbara Church | MI | 2:35.45 | 2013 | * |
| 3 | Linda Larson | FL | 2:41.52 | 2015 | |
| 4 | Mary Pohlmann | IL | 2:46.93 | 2005 | * |
| 5 | Katherine Branch | VT | 2:47.59 | 2019 | |
| 6 | Sharon Burlingame | TN | 2:49.97 | 2017 | |
| 7 | Sharon Burlingame | TN | 2:50.27 | 2019 | |
| 8 | Jackie Marr | NM | 2:51.14 | 2003 | * |
| 9 | Cynthia Lasher | FL | 2:53.95 | 2017 | |
| 10 | Teresa McDowell | MO | 2:54.65 | 2011 | |

| RANK | NAME | STATE | TIME | YEAR | RECORD |
|--------------------|------------------|--------|---------|------|--------|
| Men 50 - 54 | | | | | |
| 1 | Kurt Dickson | AZ | 2:03.45 | 2019 | * |
| 2 | Philipp Djang | NM | 2:04.82 | 2009 | * |
| 3 | Philipp Djang | NM | 2:05.70 | 2007 | * |
| 4 | Philipp Djang | NM | 2:06.74 | 2005 | * |
| 5 | Richard Stringer | VA | 2:13.15 | 2003 | * |
| 6 | David Malsbury | VA | 2:14.04 | 2015 | |
| 7 | Thomas Bliss | FL | 2:14.41 | 2005 | |
| 8 | Thomas Ruehle | MN | 2:15.78 | 2015 | |
| 9 | George Schmidt | FL | 2:18.86 | 2003 | |
| 10 | William Tingley | KY | 2:20.19 | 2005 | |
| Men 55 - 59 | | | | | |
| 1 | Philipp Djang | NM | 2:11.16 | 2011 | * |
| 2 | Philipp Djang | NM | 2:11.80 | 2013 | |
| 3 | George Schmidt | FL | 2:15.13 | 2009 | * |
| 4 | Carl Haynie | WA | 2:15.87 | 2019 | |
| 5 | Doug Thain | TN | 2:16.94 | 2017 | |
| 6 | William Tingley | KY | 2:18.30 | 2007 | * |
| 7 | Judd Jones | TN | 2:19.49 | 2013 | |
| 8 | George Schmidt | FL | 2:20.04 | 2005 | * |
| 9 | Brian Voisard | FL | 2:20.50 | 2007 | |
| 10 | J. Nathan Leech | FL | 2:22.80 | 2007 | |
| Men 60 - 64 | | | | | |
| 1 | Phillip Djang | NM | 2:14.64 | 2017 | * |
| 2 | J Nathan Leech | FL | 2:19.54 | 2009 | * |
| 3 | Dan Kirkland | WA | 2:22.47 | 2009 | |
| 4 | Greg Tharp | TX | 2:22.80 | 2011 | |
| 5 | William Tingley | KY | 2:24.02 | 2011 | |
| 6 | Dan Kirkland | WA | 2:25.01 | 2011 | |
| 7 | Richard Todd | CA | 2:27.82 | 2005 | * |
| 8 | Pat Eddy | GA | 2:28.68 | 2017 | |
| 9 | William Tingley | KY | 2:30.05 | 2013 | |
| 10 | Oscar Gutierrez | Mexico | 2:30.12 | 2019 | |

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| Women 65 - 69 | | | | | | | Men 65 - 69 | | | | | |
| 1 | Linda Fulton | FL | 2:50.06 | 2019 | * | | 1 | Philipp Djang | NM | 2:20.18 | 2019 | * |
| 2 | Linda Fulton | FL | 2:54.72 | 2017 | * | | 2 | Steven Heck | TX | 2:25.79 | 2015 | * |
| 3 | Jackie Marr | NM | 3:01.15 | 2011 | * | | 3 | Richard Todd | CA | 2:28.50 | 2007 | * |
| 4 | Mary Pohlmann | IL | 3:04.26 | 2011 | | | 3 | Kent Carney | CO | 2:32.70 | 2013 | |
| 5 | Jane Katz | NY | 3:04.97 | 2009 | * | | 5 | George Schmidt | FL | 2:33.26 | 2017 | |
| 6 | Carolyn Lyman | UT | 3:06.14 | 2019 | | | 6 | Carl Bromer | OH | 2:35.96 | 2013 | |
| 7 | Betty Burfeind | IL | 3:10.26 | 2013 | | | 7 | John Farnan | CA | 2:39.03 | 2013 | |
| 8 | Barbara Larsen | MN | 3:10.39 | 2015 | | | 8 | John Welty | TX | 2:39.39 | 2011 | |
| 9 | Nancy Brown | MD | 3:10.58 | 2005 | * | | 9 | Dan Murphy | NC | 2:45.90 | 2007 | |
| 10 | Diane Allison | TN | 3:13.14 | 2019 | | | 10 | Buz Kroner | TX | 2:47.37 | 2019 | |
| Women 70 - 74 | | | | | | | Men 70 - 74 | | | | | |
| 1 | Nancy Brown | MD | 3:09.10 | 2007 | * | | 1 | Steven Heck | LA | 2:35.42 | 2019 | * |
| 2 | Mary Pohlmann | IL | 3:17.67 | 2017 | | | 2 | Kent Carney | CO | 2:38.54 | 2017 | * |
| 3 | Barbara Goltz | FL | 3:18.66 | 2017 | | | 3 | David Vail | ME | 2:44.28 | 2013 | * |
| 4 | Andrea Hunt | WA | 3:20.39 | 2019 | | | 4 | Gaylord Hopkins | FL | 2:46.64 | 2011 | * |
| 5 | Betty Burfeind | IL | 3:23.25 | 2017 | | | 5 | Bob Welty | TX | 2:47.18 | 2017 | |
| 6 | Brenda Payne | TN | 3:24.39 | 2017 | | | 6 | Jack Farnan | CA | 2:52.28 | 2019 | |
| 7 | Jane Katz | NY | 3:24.90 | 2015 | | | 7 | Horace Knowlton | UT | 2:53.50 | 2003 | * |
| 8 | Betty Burfeind | IL | 3:26.00 | 2019 | | | 8 | Roger Parsons | FL | 2:53.52 | 2017 | |
| 9 | Barbara Larsen | MN | 3:27.07 | 2017 | | | 9 | Jim Nally | CT | 2:55.73 | 2019 | |
| 10 | Barbara Larsen | MN | 3:28.00 | 2019 | | | 10 | Frank Warner | WA | 2:56.73 | 2019 | |
| Women 75 - 79 | | | | | | | Men 75 - 79 | | | | | |
| 1 | Betty Lorenzi | WI | 3:27.26 | 2003 | * | | 1 | Bob Welty | TX | 2:53.48 | 2019 | * |
| 2 | Jane Katz | NY | 3:28.14 | 2019 | | | 2 | David Vail | ME | 2:55.59 | 2019 | |
| 3 | Judy Chadima | IA | 3:43.93 | 2005 | | | 3 | Tony Ralphs | CA | 2:58.14 | 2019 | |
| 4 | Jackie Marr | NM | 3:45.76 | 2019 | | | 4 | Laurence Walker | MO | 3:00.04 | 2019 | |
| 5 | Barbara Dillard | TN | 3:50.22 | 2017 | | | 5 | Dave Noble | MO | 3:02.06 | 2019 | |
| 6 | Mary Jane Mulling | KY | 3:51.90 | 2007 | | | 6 | Paul Huntingner | FL | 3:04.46 | 2001 | * |
| 7 | Dorothy Whitehead | IA | 3:53.50 | 2011 | | | 7 | Eliot Winokur | FL | 3:10.48 | 2019 | |
| 8 | Mary Rowan | FL | 4:00.72 | 2017 | | | 8 | Robert Mayo | CA | 3:11.25 | 2009 | |
| 9 | Ceil Blackwell | NC | 4:01.02 | 2015 | | | 9 | John Trainer | TN | 3:11.36 | 2013 | |
| 10 | Martha Henderson | FL | 4:05.93 | 2011 | | | 10 | Thomas Maine | IL | 3:15.20 | 2001 | |

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| Women 80 - 84 | | | | | | | Men 80 - 84 | | | | | |
| 1 | Bunny Cederlund | FL | 3:46.69 | 2003 | * | | 1 | Marty Mennen | IN | 3:11.27 | 2019 | * |
| 2 | Jill Coleman | MD | 3:58.95 | 2011 | | | 2 | Stephen Hadley | CO | 3:12.66 | 2011 | * |
| 3 | Gynt Clifford | AZ | 4:07.87 | 2019 | | | 3 | Horace Knowlton | UT | 3:18.26 | 2009 | * |
| 4 | Lois Nochman | MI | 4:09.50 | 2007 | | | 4 | Sheldon Monsein | FL | 3:24.97 | 2017 | |
| 5 | Dorothy Whitehead | IA | 4:10.71 | 2015 | | | 5 | Willam Murray | CO | 3:29.65 | 2017 | |
| 6 | Ann Aceves | NM | 4:12.68 | 2015 | | | 6 | Gaetano Pavone | NY | 3:31.65 | 2003 | * |
| 7 | Barbara Dillard | TN | 4:15.19 | 2019 | | | 7 | Eric Hubach | CA | 3:31.94 | 2013 | |
| 8 | Jeanne Merryman | PA | 4:18.39 | 2003 | | | 8 | Douglas Holmes | LA | 3:32.44 | 2017 | |
| 9 | Florence Dietz | IA | 4:23.17 | 2015 | | | 9 | Dale Webster | AZ | 3:33.43 | 2009 | |
| 10 | Alice Hanes | IL | 4:25.42 | 2011 | | | 10 | Jack McCann | CA | 3:34.41 | 2003 | |
| Women 85 - 89 | | | | | | | Men 85 - 89 | | | | | |
| 1 | Ann Aceves | NM | 4:39.51 | 2019 | * | | 1 | Thomas Maine | IL | 3:44.73 | 2011 | * |
| 2 | Elizabeth Harvey | AZ | 4:39.80 | 2013 | * | | 2 | Dan Miles | NM | 4:03.10 | 2007 | * |
| 3 | Martha Castillo | FL | 4:40.73 | 2005 | * | | 3 | Harry Howell | VA | 4:09.59 | 2003 | * |
| 4 | Anne Walker | VA | 4:41.54 | 2003 | * | | 4 | Fred Holdrege | NC | 4:11.61 | 2003 | |
| 5 | Stefanena | NY | 4:42.44 | 2013 | | | 5 | John Dailey | OH | 4:35.62 | 2013 | |
| 5 | Martha Castillo | TX | 4:43.90 | 2007 | | | 6 | Bernhard Bartles | TX | 4:47.44 | 2005 | |
| 7 | Carol Galbraith | VA | 4:46.28 | 2003 | | | 7 | Norman Diem | PA | 4:51.87 | 2005 | |
| 8 | Margaret Nickerson | VT | 4:59.75 | 2019 | | | 8 | Dick Foster | IL | 4:54.70 | 2017 | |
| 9 | Barbara M Eisele | SC | 5:13.60 | 2017 | | | 9 | Harold Peter | AZ | 5:00.56 | 2019 | |
| 10 | Mary Lathram | VA | 5:21.16 | 2003 | | | 10 | George Roudebush | WA | 5:04.84 | 2011 | |
| Women 90 - 94 | | | | | | | Men 90 - 94 | | | | | |
| 1 | Beth Hanks | OH | 6:23.90 | 2007 | * | | 1 | Woodrow Bowersock | CA | 4:09.89 | 2003 | * |
| 2 | Minna Hamner | VA | 6:39.50 | 2013 | | | 2 | Thomas Maine | IL | 4:16.50 | 2015 | |
| 3 | Mary Jackson | MA | 6:49.25 | 2009 | | | 3 | Thomas Maine | IL | 4:50.38 | 2017 | |
| 4 | Hollyce Kirkland | TN | 8:40.73 | 2011 | | | 4 | George roudebush | OH | 5:24.68 | 2015 | |
| 5 | Ruth Thompson | VA | 9:08.65 | 2011 | | | 5 | Kenneth Moran | OH | 5:30.16 | 2001 | * |
| 6 | Ruth Thompson | VA | 9:12.42 | 2013 | | | 6 | Bernhard Bartles | TX | 5:48.72 | 2011 | |
| 7 | Hollyce Kirkland | TN | 9:34.92 | 2013 | | | 7 | Phil Case | VA | 5:58.42 | 2019 | |
| | | | | | | | 8 | Kenneth Moran | OH | 6:16.36 | 2005 | |
| | | | | | | | 9 | Arthur Kidd | AR | 6:26.39 | 2011 | |

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| Women 95 - 99 | | | | | | | Men 95 - 99 | | | | | |
| 1 | Charlotte Sanddal | MT | 6:53.78 | 2019 | * | | 1 | Russ Witte | OH | 6:49.92 | 2013 | * |
| 2 | Mary Jackson | MA | 7:24.17 | 2011 | * | | | | | | | |
| 3 | Hollyce Kirkland | TN | 8:46.54 | 2015 | | | | | | | | |
| 4 | Hollyce Kirkland | TN | 8:49.79 | 2017 | | | | | | | | |
| 5 | Ruth Thompson | VA | 9:21.68 | 2017 | | | | | | | | |
| 6 | Ruth Thompson | VA | 9:25.79 | 2019 | | | | | | | | |
| Women 100+ | | | | | | | Men 100+ | | | | | |
| 1 | Mary Jackson | MA | 8:41.06 | 2015 | * | | no entries for this age division | | | | | |

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