

## 2019 National Senior Games - 6/16/2019 to 6/19/2019

Albuquerque, New Mexico  
 USMS Recognition #429-R001  
 Psych Sheet - Wednesday 500 Free Session

**Event 61 Women 500 Yard Freestyle****Chk-in: 08:00AM 6/16/2019 - 05:00PM 6/18/2019****Check in Required at the Venue**

50+ Nat Sr G: 5:50.84 6/27/2011 Cindy Ciampa  
 55+ Nat Sr G: 6:03.72 7/6/2015 Susan Ingraham  
 60+ Nat Sr G: 5:56.01 6/10/2017 Susan Ritter  
 65+ Nat Sr G: 7:03.89 6/30/2011 Jackie Marr  
 70+ Nat Sr G: 7:29.62 7/25/2013 Jackie Marr  
 75+ Nat Sr G: 8:07.10 8/3/2009 Diane Stowell  
 80+ Nat Sr G: 9:24.31 7/25/2013 Dionne Caldwell  
 85+ Nat Sr G: 14:29.65 6/30/2011 Shirley Chase  
 90+ Nat Sr G: 15:55.23 8/3/2009 Gladys Williamson  
 95+ Nat Sr G: 22:22.82 7/9/2015 Gladys Williamson

| Name                     | Age | Team           | Seed Time |
|--------------------------|-----|----------------|-----------|
| 1 Karen Bland            | 59  | Tennessee      | 6:16.81   |
| 2 Katherine Branch       | 62  | Vermont        | 6:19.40   |
| 3 Ginny Maher            | 61  | Tennessee      | 6:19.52   |
| 4 Kari Kennedy           | 51  | Tennessee      | 6:23.00   |
| 5 Kathleen Steffe        | 57  | Colorado       | 6:25.31   |
| 6 Kathy Garnier          | 59  | Colorado       | 6:30.00   |
| 7 Mary Jo Agner          | 53  | North Carolina | 6:38.70   |
| 8 Paula Cunio            | 58  | Florida        | 6:38.92   |
| 9 Heidi Henning          | 59  | Maryland       | 6:39.13   |
| 10 Melanie Coultas       | 54  | Alabama        | 6:41.24   |
| 11 Martha Carlson        | 56  | Minnesota      | 6:50.00   |
| 12 Randeem Torvik Ragan  | 64  | Texas          | 7:01.29   |
| 13 Dawn Siglin           | 58  | New York       | 7:05.19   |
| 14 Kathaleen Rogers      | 55  | Alabama        | 7:05.65   |
| 15 Susan Cushman         | 57  | Nevada         | 7:06.67   |
| 16 June Carson           | 71  | Florida        | 7:27.14   |
| 17 Colleen Burns         | 70  | New Mexico     | 7:27.26   |
| 18 Elise Ragland         | 69  | Texas          | 7:29.64   |
| 19 Kathy Bodmer          | 67  | Arizona        | 7:30.00   |
| 20 Tamara Steil          | 65  | Michigan       | 7:32.09   |
| 21 Judith Laney          | 67  | Colorado       | 7:35.00   |
| 22 Deborah Pearson       | 53  | New Mexico     | 7:36.34   |
| 23 Tara Nave             | 54  | Tennessee      | 7:37.10   |
| 24 Dotty Swari           | 56  | New Mexico     | 7:37.27   |
| 25 Linda Bamber          | 65  | Georgia        | 7:39.00   |
| 26 Mary-Chris Kay        | 66  | Ohio           | 7:40.04   |
| 27 Sandi Ruggiero        | 63  | Rhode Island   | 7:45.00   |
| 28 Penny Walleshauser    | 52  | Georgia        | 7:49.21   |
| 29 Colleen Reid          | 70  | California     | 7:50.81   |
| 30 De Shann Schinkel     | 55  | Wyoming        | 7:54.54   |
| 31 Kim Bear              | 63  | New Mexico     | 7:55.31   |
| 32 Judy Zimmer-Baker     | 66  | New Mexico     | 7:58.60   |
| 33 Cheryl Meyer          | 60  | Ohio           | 7:59.00   |
| 34 Stacy Fox             | 56  | Georgia        | 7:59.63   |
| 35 Diana Hardy           | 60  | New Mexico     | 8:04.00   |
| 36 Patricia King         | 62  | New York       | 8:11.95   |
| 37 Karen Buchanan        | 53  | Texas          | 8:13.08   |
| 38 Melissa Russell       | 61  | Texas          | 8:14.14   |
| 39 Deborah Pederson      | 62  | Texas          | 8:14.79   |
| 40 Sarah Beth Bombardier | 54  | Vermont        | 8:15.15   |
| 41 Mary Clifton          | 62  | Vermont        | 8:15.32   |

|                         |    |                  |          |
|-------------------------|----|------------------|----------|
| 42 Betty Burfeind       | 72 | Illinois         | 8:16.40  |
| 43 Rita Barcus          | 70 | Nevada           | 8:20.41  |
| 44 Ann Vitt             | 73 | Texas            | 8:20.77  |
| 45 Molly Myers          | 70 | Tennessee        | 8:25.51  |
| 46 Cheryl Lisy          | 60 | Illinois         | 8:28.16  |
| 47 Jackie Marr          | 76 | New Mexico       | 8:28.80  |
| 48 Andrea Hunt          | 71 | Washington       | 8:30.00  |
| 49 Susan Tendy          | 70 | New York         | 8:31.34  |
| 50 Pamela Walston       | 56 | Alabama          | 8:33.69  |
| 51 Barbara Scheffter    | 67 | Maryland         | 8:35.55  |
| 52 Mary Schneider       | 67 | Wisconsin        | 8:41.25  |
| 53 Jane Katz            | 76 | New York         | 8:54.87  |
| 54 Alice Isaacson       | 61 | California       | 8:55.00  |
| 55 Natasha Kopp         | 51 | California       | 8:58.52  |
| 56 Mimi Satter          | 69 | New York         | 9:00.00  |
| 57 Carol Sandison       | 54 | Ohio             | 9:03.34  |
| 58 Mary Ellen Speicher  | 63 | New York         | 9:07.43  |
| 59 Leonor Rossel        | 58 | North Carolina   | 9:08.97  |
| 60 Lenore Stepanishen   | 71 | Florida          | 9:16.19  |
| 61 Patricia Barratt     | 73 | North Carolina   | 9:18.68  |
| 62 Delrie Hobbs         | 65 | California       | 9:20.00  |
| 63 DeEtte Sauer         | 78 | Texas            | 9:28.57  |
| 64 Elizabeth Meyer      | 64 | South Dakota     | 9:32.67  |
| 65 Jane Wright          | 70 | Idaho            | 9:32.80  |
| 66 Judy Paukert         | 71 | Texas            | 9:33.13  |
| 67 Valerie MacLeod      | 68 | Nebraska         | 9:34.70  |
| 68 Lorrie Hansen        | 71 | Florida          | 9:35.66  |
| 69 Susan Goodan         | 66 | New Mexico       | 9:38.30  |
| 70 Donna McMinn         | 68 | Michigan         | 9:43.79  |
| 71 Mary Vonderharr      | 66 | Minnesota        | 9:49.00  |
| 72Carolynn Foley        | 76 | Florida          | 9:49.01  |
| 73 Lynn Cadena          | 63 | Texas            | 9:55.58  |
| 74 Kathleen Fiskin      | 77 | Maryland         | 9:59.79  |
| 75 Julie Joyce          | 67 | Arizona          | 10:00.00 |
| 76 Jane Stewart         | 75 | North Carolina   | 10:02.74 |
| 77 Martha Henderson     | 83 | Florida          | 10:20.81 |
| 78 Peggy Bruin          | 78 | Michigan         | 10:36.49 |
| 79 Luise Easton         | 81 | Ohio             | 10:37.67 |
| 80 Lillian Vogel        | 71 | Ohio             | 10:49.61 |
| 81 June Hence           | 83 | New Mexico       | 10:54.01 |
| 82 Patricia F. Arnold   | 80 | Louisiana        | 10:56.18 |
| 83 Genie Wiles          | 72 | Ohio             | 10:58.00 |
| 84 Anne Hegnauer        | 72 | Ohio             | 10:58.39 |
| 85 Dolores Balding      | 77 | Arizona          | 11:00.00 |
| 86 Janice Miller        | 76 | Florida          | 11:02.16 |
| 87 Beverly Linnihan     | 81 | Arizona          | 11:10.16 |
| 88 Carol Reinke         | 83 | Wisconsin        | 11:15.00 |
| 89 Sandy Brown          | 73 | Arizona          | 11:20.17 |
| 90 Debra Johnson        | 62 | Georgia          | 11:28.48 |
| 91 Nancy Wilson         | 66 | North Carolina   | 11:30.10 |
| 92 Audrey Hipkins       | 58 | Dist of Columbia | 11:46.60 |
| 93 Sally Evans          | 75 | Arizona          | 11:50.00 |
| 94 Mary Ellen Schmidley | 67 | Wisconsin        | 11:59.30 |
| 95 Ayesha Nurrudin      | 70 | Ohio             | 12:05.19 |
| 96 Glynis Crabb         | 71 | California       | 12:07.79 |
| 97 Kathy Savord         | 69 | Ohio             | 12:08.08 |

## 2019 National Senior Games - 6/16/2019 to 6/19/2019

**Albuquerque, New Mexico**  
**USMS Recognition #429-R001**  
**Psych Sheet - Wednesday 500 Free Session**

**Event 61 ... (Women 500 Yard Freestyle)**

| Name                    | Age | Team             | Seed Time |
|-------------------------|-----|------------------|-----------|
| 98 Davenia Navaroli     | 67  | Florida          | 12:10.05  |
| 99 Madeline Murphy Rabb | 74  | Illinois         | 12:20.85  |
| 100 Betty Wherley       | 77  | Ohio             | 12:21.90  |
| 101 Carolyn Bates       | 74  | North Carolina   | 12:28.92  |
| 102 Lauretta Jenkins    | 80  | Dist of Columbia | 12:32.09  |
| 103 Joan Campbell       | 89  | Florida          | 12:34.79  |
| 104 Valeria Woods       | 59  | North Carolina   | 12:51.20  |
| 105 Barb Fetters        | 66  | South Dakota     | 12:54.01  |
| 106 Marsha Fewell       | 73  | Indiana          | 12:54.15  |
| 107 Marilyn Beckner     | 80  | Tennessee        | 12:58.75  |
| 108 Sandra Moeller      | 71  | Indiana          | 13:08.54  |
| 109 Jeanne Leske        | 73  | Wyoming          | 13:27.57  |
| 110 Ann Aceves          | 85  | New Mexico       | 13:29.09  |
| 111 Sandra Davis        | 73  | Colorado         | 13:30.00  |
| 112 Janice Hoffart      | 51  | Washington       | 13:33.00  |
| 113 Jane Burgess        | 64  | Alabama          | 13:48.94  |
| 114 Patsy Lillehei      | 75  | Minnesota        | 14:28.40  |
| 115 Margaret Melady     | 80  | Dist of Columbia | 14:33.59  |
| 116 Henrietta Berning   | 86  | Illinois         | 14:34.39  |
| 117 Jane Dillon Stewart | 77  | Wisconsin        | 15:00.00  |
| 118 Myrna Moline        | 71  | Louisiana        | 15:24.76  |
| 119 Paula Tutherow      | 72  | North Carolina   | 15:26.89  |
| 120 Chalice Coleman     | 67  | Illinois         | 15:34.00  |
| 121 Susan Roemer        | 79  | Arizona          | 15:38.09  |
| 122 Ernestine Brown     | 84  | Dist of Columbia | 15:55.02  |
| 123 Loretta Griffin     | 68  | Tennessee        | 16:13.47  |
| 124 Cheyenne Toole      | 73  | Ohio             | 16:25.52  |
| 125 Barbara Stewart     | 82  | Dist of Columbia | 16:32.52  |
| 126 Ann Smith           | 80  | Illinois         | 16:42.70  |
| 127 Bonnie Holten       | 83  | New Mexico       | 16:43.45  |
| 128 Rosalyn Fabianke    | 70  | Alabama          | 17:17.41  |
| 129 Mary Vowell         | 93  | Tennessee        | 19:29.75  |
| 130 Shirley Chase       | 94  | Florida          | 21:20.67  |

**Event 62 Men 500 Yard Freestyle**

**Chk-in: 08:00AM 6/16/2019 - 05:00PM 6/18/2019**

**Check in Required at the Venue**

|                      |                |                  |                         |
|----------------------|----------------|------------------|-------------------------|
| <b>50+ Nat Sr G:</b> | <b>5:20.88</b> | <b>7/6/2015</b>  | <b>Thomas Ruehle</b>    |
| <b>55+ Nat Sr G:</b> | <b>5:01.88</b> | <b>8/3/2009</b>  | <b>Rick Colella</b>     |
| <b>60+ Nat Sr G:</b> | <b>5:14.53</b> | <b>6/10/2017</b> | <b>James Ritter</b>     |
| <b>65+ Nat Sr G:</b> | <b>5:56.97</b> | <b>7/9/2015</b>  | <b>Marc Anderson</b>    |
| <b>70+ Nat Sr G:</b> | <b>6:15.75</b> | <b>6/30/2011</b> | <b>Gaylord Hopkins</b>  |
| <b>75+ Nat Sr G:</b> | <b>6:21.35</b> | <b>6/29/2007</b> | <b>Graham Johnston</b>  |
| <b>80+ Nat Sr G:</b> | <b>7:02.70</b> | <b>6/30/2011</b> | <b>Graham Johnston</b>  |
| <b>85+ Nat Sr G:</b> | <b>8:21.71</b> | <b>8/3/2009</b>  | <b>Jurgen B Schmidt</b> |
| <b>90+ Nat Sr G:</b> | <b>9:42.46</b> | <b>7/9/2015</b>  | <b>Thomas Maine</b>     |

| Name             | Age | Team       | Seed Time |
|------------------|-----|------------|-----------|
| 1 Kurt Dickson   | 52  | Arizona    | 4:59.82   |
| 2 Dima Krieger   | 53  | Florida    | 5:41.00   |
| 3 Mark Modjeska  | 66  | Arizona    | 5:42.30   |
| 4 Richard Jordan | 66  | Tennessee  | 5:54.34   |
| 5 Glenn Gruber   | 70  | California | 5:55.62   |
| 6 Steve McKee    | 56  | New Mexico | 5:57.50   |
| 7 Mike Phillips  | 63  | Tennessee  | 6:03.75   |

|                      |    |                |         |
|----------------------|----|----------------|---------|
| 8 John Kiegel        | 58 | New Mexico     | 6:20.00 |
| 9 Mark Cericola      | 58 | Ohio           | 6:26.42 |
| 10 Alan Bernard      | 70 | California     | 6:27.60 |
| 11 John Saumby       | 67 | South Carolina | 6:28.95 |
| 12 Jeff Bynum        | 62 | Idaho          | 6:29.33 |
| 13 Philipp Djang     | 65 | New Mexico     | 6:30.00 |
| 14 Floyd McDaniel    | 63 | Texas          | 6:30.00 |
| 15 Tony Ralphs       | 76 | California     | 6:30.00 |
| 16 Buz Kroner        | 66 | Texas          | 6:33.45 |
| 17 John Ramos        | 61 | California     | 6:34.45 |
| 18 John Witham       | 55 | New Mexico     | 6:36.71 |
| 19 Daniel Underbrink | 63 | Washington     | 6:38.08 |
| 20 Donald Cooper     | 61 | Tennessee      | 6:40.00 |
| 21 John Caskey       | 58 | Florida        | 6:45.00 |
| 22 Glen Kishi        | 61 | Arizona        | 6:46.15 |
| 23 Denny Koonce      | 62 | Missouri       | 6:50.00 |
| 24 Douglas Burgess   | 65 | Ohio           | 6:50.00 |
| 25 Chris Sheets      | 60 | Missouri       | 6:53.08 |
| 26 Michael Yahr      | 69 | Pennsylvania   | 6:55.00 |
| 27 Roger Senn        | 55 | New Mexico     | 6:58.90 |
| 28 Allen Larson      | 66 | Oregon         | 6:59.72 |
| 29 Dennis Ellingson  | 68 | Minnesota      | 7:01.00 |
| 30 Rob Glotzer       | 69 | North Carolina | 7:03.80 |
| 31 Richard Whaley    | 67 | Florida        | 7:05.50 |
| 32 Harry Duffield    | 69 | California     | 7:06.00 |
| 33 Steven McKee      | 67 | Ohio           | 7:06.33 |
| 34 Miguel Sanchez    | 70 | New Mexico     | 7:06.75 |
| 35 Graham Johnston   | 88 | Texas          | 7:07.19 |
| 36 Craig Glass       | 66 | Colorado       | 7:10.00 |
| 37 Douglas Thomson   | 66 | Ohio           | 7:12.00 |
| 38 Anthony Kelly     | 64 | Texas          | 7:13.00 |
| 39 Richard Schubert  | 67 | New Jersey     | 7:13.56 |
| 40 James Hill        | 69 | Virginia       | 7:21.00 |
| 41 John Wand         | 66 | Kentucky       | 7:23.41 |
| 42 Richard Searle    | 70 | New Mexico     | 7:26.61 |
| 43 Frank Norek       | 63 | New Jersey     | 7:28.00 |
| 44 Joel Swartz       | 61 | New Mexico     | 7:29.00 |
| 45 Wallace Davidson  | 67 | Illinois       | 7:30.00 |
| 46 Bob Welty         | 75 | Texas          | 7:37.22 |
| 47 Miles Ahrens      | 65 | Connecticut    | 7:40.66 |
| 48 Ted Iverson       | 69 | Missouri       | 7:43.00 |
| 49 Laurence Walker   | 76 | Missouri       | 7:53.05 |
| 50 Robert Martin     | 69 | Ohio           | 7:55.00 |
| 51 Mark Bappe        | 63 | Wyoming        | 7:55.00 |
| 52 Chris Scott       | 71 | Vermont        | 7:55.00 |
| 53 Rick Haverland    | 67 | South Carolina | 8:00.00 |
| 54 Marty Mennen      | 83 | Indiana        | 8:00.00 |
| 55 Charles Born      | 70 | New Mexico     | 8:00.00 |
| 56 John Grant        | 66 | Delaware       | 8:04.56 |
| 57 William Stephens  | 73 | Illinois       | 8:06.72 |
| 58 David Badgley     | 79 | Oklahoma       | 8:15.00 |
| 59 Stephen Hellmann  | 75 | Kentucky       | 8:21.89 |
| 60 Myron Williams    | 60 | North Carolina | 8:23.00 |
| 61 Rand Vaillancourt | 73 | Maryland       | 8:26.33 |
| 62 Robert McDonald   | 70 | Ohio           | 8:29.50 |
| 63 Nady Ibrahim      | 70 | Tennessee      | 8:37.40 |

**2019 National Senior Games - 6/16/2019 to 6/19/2019****Albuquerque, New Mexico****USMS Recognition #429-R001****Psych Sheet - Wednesday 500 Free Session****Event 62 ...(Men 500 Yard Freestyle)**

|     | <b>Name</b>        | <b>Age</b> | <b>Team</b>      | <b>Seed Time</b> |
|-----|--------------------|------------|------------------|------------------|
| 64  | George Zubowicz    | 70         | Georgia          | 8:39.91          |
| 65  | Gregory Luscombe   | 62         | Tennessee        | 8:43.42          |
| 66  | Hudie Fleming      | 79         | Dist of Columbia | 8:46.69          |
| 67  | Frank Leach        | 70         | Tennessee        | 8:49.49          |
| 68  | Rolf Von Hellens   | 75         | Alabama          | 8:51.00          |
| 69  | Robert Waters      | 76         | Tennessee        | 8:53.00          |
| 70  | George Foster      | 81         | Colorado         | 8:53.00          |
| 71  | Peter Dorff        | 68         | Ohio             | 8:53.76          |
| 72  | Joel Lockwood      | 85         | Michigan         | 8:55.00          |
| 73  | William Zani       | 81         | Florida          | 8:55.35          |
| 74  | Jeffrey Loman      | 62         | Maryland         | 9:00.00          |
| 75  | John Vail          | 71         | Maryland         | 9:00.00          |
| 76  | Al Farrell         | 73         | Kentucky         | 9:00.37          |
| 77  | Michael Lavitt     | 61         | New Jersey       | 9:05.28          |
| 78  | Elliott Lehrer     | 64         | New Jersey       | 9:10.40          |
| 79  | James Vaughan      | 73         | New Mexico       | 9:16.02          |
| 80  | James Nycz         | 71         | Ohio             | 9:16.11          |
| 81  | Robert Lohmann     | 75         | Connecticut      | 9:35.00          |
| 82  | William Blake      | 82         | Texas            | 9:40.00          |
| 83  | Ed March           | 73         | Ohio             | 9:45.60          |
| 84  | Robert Koops       | 76         | New Mexico       | 9:58.00          |
| 85  | Daniel Grabenstein | 85         | Pennsylvania     | 9:59.18          |
| 86  | Lawrence Thurston  | 67         | Dist of Columbia | 10:07.52         |
| 87  | Gerald Meyer       | 75         | North Carolina   | 10:07.80         |
| 88  | Paul Brown         | 68         | Illinois         | 10:09.88         |
| 89  | Bob Davis          | 78         | New Mexico       | 10:12.00         |
| 90  | David Ball         | 67         | Dist of Columbia | 10:17.65         |
| 91  | James Sale         | 81         | Dist of Columbia | 10:20.59         |
| 92  | Harry Colburn      | 76         | Florida          | 10:21.98         |
| 93  | Robert Williams    | 80         | Ohio             | 10:27.88         |
| 94  | Lawrence Nolan     | 63         | New Jersey       | 10:31.00         |
| 95  | Paul Tisdale       | 76         | Texas            | 10:33.00         |
| 96  | Larry Vesely       | 68         | California       | 10:35.38         |
| 97  | Edward Sorel       | 84         | Massachusetts    | 10:48.28         |
| 98  | Tom Wiles          | 77         | Ohio             | 10:58.00         |
| 99  | Thomas Maine       | 94         | Illinois         | 11:25.44         |
| 100 | Francisco Lopez    | 71         | Wisconsin        | 11:27.00         |
| 101 | Mile Gann          | 73         | Texas            | 11:30.00         |
| 102 | Victor Kerst       | 72         | Louisiana        | 11:56.88         |
| 103 | David Vowell       | 69         | Tennessee        | 12:06.66         |
| 104 | Felix Siston       | 85         | Illinois         | 13:24.15         |
| 105 | William Payne      | 90         | Wisconsin        | 13:45.70         |
| 106 | Stephen Soloway    | 56         | New Jersey       | NT               |