

## 2019 National Senior Games - 6/16/2019 to 6/19/2019

Albuquerque, New Mexico  
USMS Recognition #429-R001  
Psych Sheet - Wednesday 500 Free Session

**Event 61 Women 500 Yard Freestyle****Chk-in: 08:00AM 6/16/2019 - 05:00PM 6/18/2019****Check in Required at the Venue**

50+ Nat Sr G: 5:50.84 6/27/2011 Cindy Ciampa  
55+ Nat Sr G: 6:03.72 7/6/2015 Susan Ingraham  
60+ Nat Sr G: 5:56.01 6/10/2017 Susan Ritter  
65+ Nat Sr G: 7:03.89 6/30/2011 Jackie Marr  
70+ Nat Sr G: 7:29.62 7/25/2013 Jackie Marr  
75+ Nat Sr G: 8:07.10 8/3/2009 Diane Stowell  
80+ Nat Sr G: 9:24.31 7/25/2013 Dionne Caldwell  
85+ Nat Sr G: 14:29.65 6/30/2011 Shirley Chase  
90+ Nat Sr G: 15:55.23 8/3/2009 Gladys Williamson  
95+ Nat Sr G: 22:22.82 7/9/2015 Gladys Williamson

Name	Age	Team	Seed Time
1 Karen Bland	59	Tennessee	6:16.81
2 Katherine Branch	62	Vermont	6:19.40
3 Ginny Maher	61	Tennessee	6:19.52
4 Kari Kennedy	51	Tennessee	6:23.00
5 Kathleen Steffe	57	Colorado	6:25.31
6 Kathy Garnier	59	Colorado	6:30.00
7 Mary Jo Agner	53	North Carolina	6:38.70
8 Paula Cunio	58	Florida	6:38.92
9 Heidi Henning	59	Maryland	6:39.13
10 Melanie Coultas	54	Alabama	6:41.24
11 Martha Carlson	56	Minnesota	6:50.00
12 Randeem Torvik Ragan	64	Texas	7:01.29
13 Dawn Siglin	58	New York	7:05.19
14 Kathaleen Rogers	55	Alabama	7:05.65
15 Susan Cushman	57	Nevada	7:06.67
16 June Carson	71	Florida	7:27.14
17 Colleen Burns	70	New Mexico	7:27.26
18 Elise Ragland	69	Texas	7:29.64
19 Kathy Bodmer	67	Arizona	7:30.00
20 Tamara Steil	65	Michigan	7:32.09
21 Judith Laney	67	Colorado	7:35.00
22 Deborah Pearson	53	New Mexico	7:36.34
23 Tara Nave	54	Tennessee	7:37.10
24 Dotty Swari	56	New Mexico	7:37.27
25 Linda Bamber	65	Georgia	7:39.00
26 Mary-Chris Kay	66	Ohio	7:40.04
27 Sandi Ruggiero	63	Rhode Island	7:45.00
28 Penny Walleshauser	52	Georgia	7:49.21
29 Colleen Reid	70	California	7:50.81
30 De Shann Schinkel	55	Wyoming	7:54.54
31 Kim Bear	63	New Mexico	7:55.31
32 Judy Zimmer-Baker	66	New Mexico	7:58.60
33 Cheryl Meyer	60	Ohio	7:59.00
34 Stacy Fox	56	Georgia	7:59.63
35 Diana Hardy	60	New Mexico	8:04.00
36 Susan Bonis	66	Wisconsin	8:04.24
37 Patricia King	62	New York	8:11.95
38 Karen Buchanan	53	Texas	8:13.08
39 Melissa Russell	61	Texas	8:14.14
40 Deborah Pederson	62	Texas	8:14.79
41 Sarah Beth Bombardier	54	Vermont	8:15.15

42 Mary Clifton	62	Vermont	8:15.32
43 Betty Burfeind	72	Illinois	8:16.40
44 Rita Barcus	70	Nevada	8:20.41
45 Ann Vitt	73	Texas	8:20.77
46 Molly Myers	70	Tennessee	8:25.51
47 Cheryl Lisy	60	Illinois	8:28.16
48 Jackie Marr	76	New Mexico	8:28.80
49 Andrea Hunt	71	Washington	8:30.00
50 Susan Tendy	70	New York	8:31.34
51 Pamela Walston	56	Alabama	8:33.69
52 Barbara Scheffter	67	Maryland	8:35.55
53 Mary Schneider	67	Wisconsin	8:41.25
54 Jane Katz	76	New York	8:54.87
55 Alice Isaacson	61	California	8:55.00
56 Natasha Kopp	51	California	8:58.52
57 Mimi Satter	69	New York	9:00.00
58 Carol Sandison	54	Ohio	9:03.34
59 Mary Ellen Speicher	63	New York	9:07.43
60 Leonor Rossel	58	North Carolina	9:08.97
61 Lenore Stepanishen	71	Florida	9:16.19
62 Patricia Barratt	73	North Carolina	9:18.68
63 Delrie Hobbs	65	California	9:20.00
64 DeEtte Sauer	78	Texas	9:28.57
65 Elizabeth Meyer	64	South Dakota	9:32.67
66 Jane Wright	70	Idaho	9:32.80
67 Judy Paukert	71	Texas	9:33.13
68 Valerie MacLeod	68	Nebraska	9:34.70
69 Lorrie Hansen	71	Florida	9:35.66
70 Susan Goodan	66	New Mexico	9:38.30
71 Donna McMinn	68	Michigan	9:43.79
72 Mary Vonderharr	66	Minnesota	9:49.00
73Carolynn Foley	76	Florida	9:49.01
74 Lynn Cadena	63	Texas	9:55.58
75 Kathleen Fiskin	77	Maryland	9:59.79
76 Julie Joyce	67	Arizona	10:00.00
77 Jane Stewart	75	North Carolina	10:02.74
78 Martha Henderson	83	Florida	10:20.81
79 Peggy Bruin	78	Michigan	10:36.49
80 Luise Easton	81	Ohio	10:37.67
81 Lillian Vogel	71	Ohio	10:49.61
82 June Hence	83	New Mexico	10:54.01
83 Patricia F. Arnold	80	Louisiana	10:56.18
84 Genie Wiles	72	Ohio	10:58.00
85 Anne Hegnauer	72	Ohio	10:58.39
86 Carol Bell	68	Minnesota	10:59.02
87 Dolores Balding	77	Arizona	11:00.00
88 Janice Miller	76	Florida	11:02.16
89 Beverly Linnihan	81	Arizona	11:10.16
90 Carol Reinke	83	Wisconsin	11:15.00
91 Sandy Brown	73	Arizona	11:20.17
92 Debra Johnson	62	Georgia	11:28.48
93 Nancy Wilson	66	North Carolina	11:30.10
94 Audrey Hipkins	58	Dist of Columbia	11:46.60
95 Sally Evans	75	Arizona	11:50.00
96 Mary Ellen Schmidley	67	Wisconsin	11:59.30
97 Ayesha Nurrudin	70	Ohio	12:05.19

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**Event 61 ... (Women 500 Yard Freestyle)**

Name	Age	Team	Seed Time
98 Glynis Crabb	71	California	12:07.79
99 Kathy Savord	69	Ohio	12:08.08
100 Davenia Navaroli	67	Florida	12:10.05
101 Madeline Murphy Rabb	74	Illinois	12:20.85
102 Betty Wherley	77	Ohio	12:21.90
103 Carolyn Bates	74	North Carolina	12:28.92
104 Lauretta Jenkins	80	Dist of Columbia	12:32.09
105 Joan Campbell	89	Florida	12:34.79
106 Valeria Woods	59	North Carolina	12:51.20
107 Barb Fetters	66	South Dakota	12:54.01
108 Marsha Fewell	73	Indiana	12:54.15
109 Marilyn Beckner	80	Tennessee	12:58.75
110 Sandra Moeller	71	Indiana	13:08.54
111 Jeanne Leske	73	Wyoming	13:27.57
112 Ann Aceves	85	New Mexico	13:29.09
113 Sandra Davis	73	Colorado	13:30.00
114 Janice Hoffart	51	Washington	13:33.00
115 Jane Burgess	64	Alabama	13:48.94
116 Patsy Lillehei	75	Minnesota	14:28.40
117 Margaret Melady	80	Dist of Columbia	14:33.59
118 Henrietta Berning	86	Illinois	14:34.39
119 Jane Dillon Stewart	77	Wisconsin	15:00.00
120 Myrna Moline	71	Louisiana	15:24.76
121 Paula Tutherow	72	North Carolina	15:26.89
122 Chalice Coleman	67	Illinois	15:34.00
123 Susan Roemer	79	Arizona	15:38.09
124 Ernestine Brown	84	Dist of Columbia	15:55.02
125 Loretta Griffin	68	Tennessee	16:13.47
126 Cheyenne Toole	73	Ohio	16:25.52
127 Barbara Stewart	82	Dist of Columbia	16:32.52
128 Ann Smith	80	Illinois	16:42.70
129 Bonnie Holten	83	New Mexico	16:43.45
130 Rosalyn Fabianke	70	Alabama	17:17.41
131 Mary Vowell	93	Tennessee	19:29.75
132 Shirley Chase	94	Florida	21:20.67

**Event 62 Men 500 Yard Freestyle**

**Chk-in: 08:00AM 6/16/2019 - 05:00PM 6/18/2019**

**Check in Required at the Venue**

<b>50+ Nat Sr G:</b>	<b>5:20.88</b>	<b>7/6/2015</b>	<b>Thomas Ruehle</b>
<b>55+ Nat Sr G:</b>	<b>5:01.88</b>	<b>8/3/2009</b>	<b>Rick Colella</b>
<b>60+ Nat Sr G:</b>	<b>5:14.53</b>	<b>6/10/2017</b>	<b>James Ritter</b>
<b>65+ Nat Sr G:</b>	<b>5:56.97</b>	<b>7/9/2015</b>	<b>Marc Anderson</b>
<b>70+ Nat Sr G:</b>	<b>6:15.75</b>	<b>6/30/2011</b>	<b>Gaylord Hopkins</b>
<b>75+ Nat Sr G:</b>	<b>6:21.35</b>	<b>6/29/2007</b>	<b>Graham Johnston</b>
<b>80+ Nat Sr G:</b>	<b>7:02.70</b>	<b>6/30/2011</b>	<b>Graham Johnston</b>
<b>85+ Nat Sr G:</b>	<b>8:21.71</b>	<b>8/3/2009</b>	<b>Jurgen B Schmidt</b>
<b>90+ Nat Sr G:</b>	<b>9:42.46</b>	<b>7/9/2015</b>	<b>Thomas Maine</b>

Name	Age	Team	Seed Time
1 Kurt Dickson	52	Arizona	4:59.82
2 Dima Krieger	53	Florida	5:41.00
3 Mark Modjeska	66	Arizona	5:42.30
4 Richard Jordan	66	Tennessee	5:54.34
5 Glenn Gruber	70	California	5:55.62

6 Steve McKee	56	New Mexico	5:57.50
7 Mike Phillips	63	Tennessee	6:03.75
8 John Kiegel	58	New Mexico	6:20.00
9 Mark Cericola	58	Ohio	6:26.42
10 Alan Bernard	70	California	6:27.60
11 John Saumby	67	South Carolina	6:28.95
12 Jeff Bynum	62	Idaho	6:29.33
13 Philipp Djang	65	New Mexico	6:30.00
14 Floyd McDaniel	63	Texas	6:30.00
15 Tony Ralphs	76	California	6:30.00
16 Buz Kroner	66	Texas	6:33.45
17 John Ramos	61	California	6:34.45
18 John Witham	55	New Mexico	6:36.71
19 Daniel Underbrink	63	Washington	6:38.08
20 Donald Cooper	61	Tennessee	6:40.00
21 John Caskey	58	Florida	6:45.00
22 Glen Kishi	61	Arizona	6:46.15
23 Denny Koonce	62	Missouri	6:50.00
24 Douglas Burgess	65	Ohio	6:50.00
25 Chris Sheets	60	Missouri	6:53.08
26 Michael Yahr	69	Pennsylvania	6:55.00
27 Roger Senn	55	New Mexico	6:58.90
28 Allen Larson	66	Oregon	6:59.72
29 Dennis Ellingson	68	Minnesota	7:01.00
30 Rob Glotzer	69	North Carolina	7:03.80
31 Richard Whaley	67	Florida	7:05.50
32 Harry Duffield	69	California	7:06.00
33 Steven McKee	67	Ohio	7:06.33
34 Miguel Sanchez	70	New Mexico	7:06.75
35 Graham Johnston	88	Texas	7:07.19
36 Craig Glass	66	Colorado	7:10.00
37 Douglas Thomson	66	Ohio	7:12.00
38 Anthony Kelly	64	Texas	7:13.00
39 Richard Schubert	67	New Jersey	7:13.56
40 James Hill	69	Virginia	7:21.00
41 John Wand	66	Kentucky	7:23.41
42 Richard Searle	70	New Mexico	7:26.61
43 Frank Norek	63	New Jersey	7:28.00
44 Joel Swartz	61	New Mexico	7:29.00
45 Wallace Davidson	67	Illinois	7:30.00
46 Bob Welty	75	Texas	7:37.22
47 Miles Ahrens	65	Connecticut	7:40.66
48 Ted Iverson	69	Missouri	7:43.00
49 Laurence Walker	76	Missouri	7:53.05
50 Robert Martin	69	Ohio	7:55.00
51 Mark Bappe	63	Wyoming	7:55.00
52 Chris Scott	71	Vermont	7:55.00
53 Rick Haverland	67	South Carolina	8:00.00
54 Marty Mennen	83	Indiana	8:00.00
55 Thomas Cornell	72	Florida	8:00.00
56 Charles Born	70	New Mexico	8:00.00
57 John Grant	66	Delaware	8:04.56
58 William Stephens	73	Illinois	8:06.72
59 David Badgley	79	Oklahoma	8:15.00
60 Bill Putnam	76	Missouri	8:16.97
61 Stephen Hellmann	75	Kentucky	8:21.89

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**Event 62 ...(Men 500 Yard Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
62	Myron Williams	60	North Carolina	8:23.00
63	Rand Vaillancourt	73	Maryland	8:26.33
64	Robert McDonald	70	Ohio	8:29.50
65	Nady Ibrahim	70	Tennessee	8:37.40
66	George Zubowicz	70	Georgia	8:39.91
67	Gregory Luscombe	62	Tennessee	8:43.42
68	Hudie Fleming	79	Dist of Columbia	8:46.69
69	Frank Leach	70	Tennessee	8:49.49
70	Rolf Von Hellens	75	Alabama	8:51.00
71	Robert Waters	76	Tennessee	8:53.00
72	George Foster	81	Colorado	8:53.00
73	Peter Dorff	68	Ohio	8:53.76
74	Joel Lockwood	85	Michigan	8:55.00
75	William Zani	81	Florida	8:55.35
76	Jeffrey Loman	62	Maryland	9:00.00
77	John Vail	71	Maryland	9:00.00
78	Al Farrell	73	Kentucky	9:00.37
79	Michael Lavitt	61	New Jersey	9:05.28
80	Elliott Lehrer	64	New Jersey	9:10.40
81	James Vaughan	73	New Mexico	9:16.02
82	James Nycz	71	Ohio	9:16.11
83	Robert Lohmann	75	Connecticut	9:35.00
84	William Blake	82	Texas	9:40.00
85	Ed March	73	Ohio	9:45.60
86	Robert Koops	76	New Mexico	9:58.00
87	Daniel Grabenstein	85	Pennsylvania	9:59.18
88	Lawrence Thurston	67	Dist of Columbia	10:07.52
89	Gerald Meyer	75	North Carolina	10:07.80
90	Paul Brown	68	Illinois	10:09.88
91	Bob Davis	78	New Mexico	10:12.00
92	David Ball	67	Dist of Columbia	10:17.65
93	James Sale	81	Dist of Columbia	10:20.59
94	Harry Colburn	76	Florida	10:21.98
95	Robert Williams	80	Ohio	10:27.88
96	Lawrence Nolan	63	New Jersey	10:31.00
97	Paul Tisdale	76	Texas	10:33.00
98	Larry Vesely	68	California	10:35.38
99	Edward Sorel	84	Massachusetts	10:48.28
100	Tom Wiles	77	Ohio	10:58.00
101	Thomas Maine	94	Illinois	11:25.44
102	Francisco Lopez	71	Wisconsin	11:27.00
103	Mile Gann	73	Texas	11:30.00
104	Victor Kerst	72	Louisiana	11:56.88
105	David Vowell	69	Tennessee	12:06.66
106	Felix Siston	85	Illinois	13:24.15
107	William Payne	90	Wisconsin	13:45.70
108	Stephen Soloway	56	New Jersey	NT