2017 National Senior Games - Limited Event Verification Form Instructions

Please read **ALL** instructions before completing the attached form.

General Information from the NSGA Rule Book

National Senior Games Association®

D. QUALIFICATION FOR "LIMITED" EVENTS

The NSGA defines a "limited" event as one in which an athlete can qualify in ways other than by participating in a NSGA qualifying games. Events that are considered "limited" are 20K and 40K cycling, hammer, pole vault, triathlon and the following non-ambulatory sports - bowling, horseshoes and shuffleboard. The rules for qualifying for these events are as follows:

1. If a "limited" event (except triathlon) is offered at the NSGA qualifying games in an athlete's home state, the athlete must qualify for that event by participating in a NSGA qualifying games and by satisfying the qualifying requirements for that event for athletes who compete in a NSGA qualifying games.
2. If a "limited" event is NOT offered at the NSGA qualifying games in an athlete's home state, the athlete may qualify for that event by meeting the following criteria:
   a. For 20K or 40K cycling road race an athlete must submit verification of having completed two cycling road races of the event length or better between Jan. 1 and Dec. 31, 2016. Cyclists who complete two 40k or better events may qualify for both events.
   b. For pole vault an athlete must submit verification of having met the NSGA minimum performance standard for pole vault in any USA Track & Field sanctioned competition between Jan. 1 and Dec. 31, 2016.
   c. For hammer throw, an athlete must submit verification of having competed in two USA track and field sanctioned competitions between Jan 1 and Dec 31, 2016.
   d. For triathlon an athlete must submit verification of having completed two triathlons between Jan. 1 and Dec. 31, 2016. All triathletes have the opportunity to participate under the "limited" event criteria regardless if a state offers the event.
   e. For non-ambulatory bowling, horseshoes and shuffleboard an athlete must submit verification of having competed in one non-ambulatory competition between Jan and Dec 31, 2016.
   f. Athletes must submit to the NSGA office by no later than March 15, 2017, a Limited Event Verification form available from the NSGA office along with a copy of the official results or a public document illustrating the results and the date of event.

Documentation Required for Limited Event Verification Form

Sport/Event	Qualifying Requirement Under Limited Event Rule
Cycling	
20K Road Race	Verified **completion** of **TWO** 20K races during the qualifying year.
40K Road Race	Verified **completion** of **TWO** 40K races during the qualifying year.
Non-Ambulatory	
Bowling	Verified **completion** of **ONE** non-ambulatory event during the qualifying year.
Horseshoes	Verified **completion** of **ONE** non-ambulatory event during the qualifying year.
Shuffleboard	Verified **completion** of **ONE** non-ambulatory event during the qualifying year.
Track & Field	
Hammer Throw	Verified **completion** of **TWO** USA Track & Field sanctioned competitions during the qualifying year.
Pole Vault	Verified jump meeting the **MPS** for your age division/gender at a USA Track & Field sanctioned competition during qualifying year. ***(See official NSGA Rulebook for minimum performance standards.)***
Triathlon	Verified **completion** of **TWO** triathlons during the qualifying year.

2017 National Senior Games - Limited Event Verification Form

Please read the instructions and NSGA Rule D on Limited Events before completing this form.

Please **PRINT** clearly or **TYPE**. Keep a copy for your records.

NSGA must **RECEIVE** this form by MARCH 15, 2017.

Send to: National Senior Games Association
ATTN: 2017 Limited Events
PO BOX 82059
Baton Rouge, LA 70884

National Senior Games Association®

Section I: Athlete Information

NOTE: Name and address must be same one you use to register for the National Games.
COPY of PHOTO ID with DATE OF BIRTH information must be attached.

ACCOUNT NUMBER (NSGA) | FIRST NAME | MIDDLE INITIAL | LAST NAME | NICKNAME

MAILING ADDRESS | APT/SUITE | ☐ MALE ☐ FEMALE

CITY | STATE | ZIP | E-MAIL

( ) DAY PHONE | ( ) CELL PHONE | DATE OF BIRTH (MM/DD/YYYY)

EMERGENCY CONTACT | ( ) TELEPHONE

Section II: Event Information

Copies of results for the completed event must be **ATTACHED**. **Step 1:** Check the box for the sport/event you wish to enter. **Step 2:** Complete **TWO** of the information columns below for each sport/event with exception to **POLE VAULT AND NON-AMBULATORY SPORTS** which only require **ONE**.

Triathlon ☐ | **Pole Vault** ☐ | **Hammer Throw** ☐ | **Cycling** *Road Races:* ☐ *20K* ☐ *40K* | **Non-Ambulatory** *Bowling:* ☐ *Horseshoes:* ☐ *Shuffleboard:* ☐

1	*2*	*1*	*2*
NAME OF EVENT	NAME OF EVENT	NAME OF EVENT	NAME OF EVENT
DATE OF EVENT	DATE OF EVENT	DATE OF EVENT	DATE OF EVENT
NAME OF EVENT DIRECTOR	NAME OF EVENT DIRECTOR	NAME OF EVENT DIRECTOR	NAME OF EVENT DIRECTOR
PHONE # OF EVENT DIRECTOR	PHONE # OF EVENT DIRECTOR	PHONE # OF EVENT DIRECTOR	PHONE # OF EVENT DIRECTOR
TIME or HEIGHT CLEARED or DISTANCE	TIME or HEIGHT CLEARED or DISTANCE	TIME or HEIGHT CLEARED or DISTANCE	TIME or HEIGHT CLEARED or DISTANCE

Section III: Certification by Athlete

I verify that the information on this form is accurate.

SIGNATURE OF COMPETITOR | DATE