

NSGA Is...

- A non-profit member of the United States Olympic Committee dedicated to motivating senior men and women to lead a healthy lifestyle through the senior games movement.
- The Organization that governs the biennial National Senior Games, the largest multi-sport qualified athletic event in the world for people 50 and over.
- The 2017 National Senior Games presented by Humana will be hosted in Birmingham, Alabama.
- An umbrella for Member State Organizations across the United States that host Senior Games or Senior Olympics. The NSGA supports and sanctions these state organizations so that adults can participate in their state in events yearround that will keep them motivated to achieve greater value and quality in their lives by staying healthy, active and fit.
- A national association that works with state and federal agencies, colleges and universities to better understand and support healthy aging initiatives for seniors.
- An organization that partners with national leaders committed to senior health, wellness and quality of life.
- Committed to providing information to support education and research initiatives enable senior athletes and others to be better informed about ways to ensure healthy aging.
- Dedicated to making every individual aware of their own Personal Best through fitness, health and wellness.

Mission Statement

The National Senior Games Association is a not-for-profit organization that is dedicated to promoting health and wellness for adults 50 and over through education, fitness and sport.